

# Intensive Outpatient Program (IOP) IOP REQUEST FORM



BlueCross BlueShield  
of Illinois

This is a request to review if the treatment meets the medical necessity definition under the member's health benefit plan. It does not confirm patient is eligible for benefits.

For Initial Services, the Provider must call BCBSIL at 800-851-7498 to check benefits.

Instructions: Please fill out and print, or print form and fill out legibly in black ink. Fax to BCBSIL at 877-361-7656.

Date \_\_\_\_\_

|                       |  |                                     |                                    |                                     |                             |                             |
|-----------------------|--|-------------------------------------|------------------------------------|-------------------------------------|-----------------------------|-----------------------------|
| <b>Check One:</b>     | <input type="checkbox"/> Initial Request | <input type="checkbox"/> Concurrent | <input type="checkbox"/> Discharge | <b>Check One:</b>                   | <input type="checkbox"/> CD | <input type="checkbox"/> MH |
| Patient Name _____    |  |                                     |                                    | Date of Birth _____                 |                             |                             |
| Subscriber Name _____ |  |                                     |                                    | Subscriber ID # _____ Group # _____ |                             |                             |

|                              |  |                       |  |                              |  |   |
|------------------------------|--|-----------------------|--|------------------------------|--|---|
| Facility/Provider Name _____ |  |                       |  | NPI _____                    |  |   |
| Address _____                |  |                       |  | City _____                   |  | State _____ Zip _____   |
| MD/Program Dir. Name _____   |  |                       |  | MD NPI _____                 |  |   |
| Address _____                |  |                       |  | City _____                   |  | State _____ Zip _____   |
| UR/Contact Name _____        |  |                       |  | Phone # _____                |  | Fax # _____   |
| Days Per Week (#) _____      |  | Hrs Per Day (#) _____ |  | Sessions Requested (#) _____ |  | Are the total hours per week between 9-20 hrs? <input type="checkbox"/> Yes <input type="checkbox"/> No |
| Date Mbr Started IOP _____   |  |                       |  | Total Days Used (#) _____    |  | IOP Concurrent Start Date _____ IOP End Date _____  |

Please Indicate DX Preference

| DSM | ICD |    |
|-----|-----|----|
| IV  | 9   | 10 |

### Current Diagnosis

|                          |                          |                          |               |                |                      |
|--------------------------|--------------------------|--------------------------|---------------|----------------|----------------------|
| <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | Code #: _____ | DX Name: _____ | Dx Specifiers: _____ |
| <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | Code #: _____ | DX Name: _____ | Dx Specifiers: _____ |
| <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | Code #: _____ | DX Name: _____ | Dx Specifiers: _____ |
| <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | Code #: _____ | DX Name: _____ | Dx Specifiers: _____ |
| <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | Code #: _____ | DX Name: _____ | Dx Specifiers: _____ |

Medications \_\_\_\_\_

Current Clinical Presentation/Risk Factors (Substance abuse: Include last date of use) \_\_\_\_\_

Previous MH/CD Treatment \_\_\_\_\_

Current Treatment Goals \_\_\_\_\_

Aftercare Plan \_\_\_\_\_

Additional clinical information can be faxed with this form if needed.

My signature confirms that I, or the facility I represent, will provide the requested services.

Signature \_\_\_\_\_ Date \_\_\_\_\_

