



BlueCross BlueShield
of Illinois

Well Child Care (WCC)

Measure Description: The percentage of members 3-17 years of age with diabetes who had an outpatient visit with a PCP or OB/GYN and who had evidence of the following during 2018:

- BMI percentile documentation
- Counseling for nutrition
- Counseling for physical activity

Applicable Provider Specialty: Mixed Specialty

Attribution Description: Members are attributed to practices with which they had at least one visit with a PCP, or OB/GYN during 2018

Denominator Definition: A sample drawn from the eligible population for each product line for the total age band (3-17 years). The total sample is stratified by age to report rates for the 3-11 and 12-17 age stratifications

Qualifying Exclusions:

- Evidence indicating a diagnosis of pregnancy. The diagnosis must have occurred during 2018

Numerator Definitions:

BMI Percentile:

- Documentation must include height, weight and BMI percentile during 2018. The height, weight and BMI percentile must come from the same data source
 - Only evidence of the BMI percentile or BMI percentile plotted on an age-growth chart meets criteria

Counseling for Nutrition:

- Documentation of counseling for nutrition or referral for nutrition, education during 2018
 - Discussion of current nutrition behaviors (e.g. eating habits, dieting behaviors)
 - Checklist indicating nutrition was addressed
 - Counseling or referral for nutrition education
 - Member received educational materials on nutrition during a face-to-face visit
 - Anticipatory guidance for nutrition
 - Weight or obesity counseling

Counseling for Physical Activity:

- Documentation of counseling for physical activity or referral for physical activity during 2018

- Discussion of current physical activity behaviors (e.g. exercise routine, participation in sports activities, exam for sports participation)
- Checklist indicating physical activity was addressed
- Counseling or referral for physical activity
- Member received educational materials on physical activity during a face-to-face visit
- Anticipatory guidance specific to the child's physical activity
- Weight or obesity counseling