# Blue Cross Medicare Advantage Classic (PPO)<sup>SM</sup> offered by Health Care Service Corporation, a Mutual Legal Reserve Company (HCSC)

## **Annual Notice of Changes for 2023**

You are currently enrolled as a member of Blue Cross Medicare Advantage Classic (PPO)<sup>SM</sup>. Next year, there will be changes to the plan's costs and benefits. *Please see page 5 for a Summary of Important Costs, including Premium.* 

This document tells about the changes to your plan. To get more information about costs, benefits, or rules please review the *Evidence of Coverage*, which is located on our website at getblueil.com/mapd. You may also call Customer Service to ask us to mail you an *Evidence of Coverage*.

 You have from October 15 until December 7 to make changes to your Medicare coverage for next year.

1. ASK: Which changes apply to you
$\square$ Check the changes to our benefits and costs to see if they affect you.
<ul> <li>Review the changes to Medical care costs (doctor, hospital)</li> </ul>
<ul> <li>Review the changes to our drug coverage, including authorization requirements and costs</li> </ul>
<ul> <li>Think about how much you will spend on premiums, deductibles, and cost sharing</li> </ul>
☐ Check the changes in the 2023 Drug List to make sure the drugs you currently take are still covered.
☐ Check to see if your primary care doctors, specialists, hospitals and other providers, including pharmacies will be in our network next year.

☐ Check coverage and costs of plans in your area. Use the Medicare Plan Finder at <a href="https://www.medicare.gov/plan-compare">www.medicare.gov/plan-compare</a> website or review the list in the back of

☐ Once you narrow your choice to a preferred plan, confirm your costs and

☐ Think about whether you are happy with our plan.

**2. COMPARE:** Learn about other plan choices

your Medicare & You 2023 handbook.

coverage on the plan's website.

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What to do now

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- 3. CHOOSE: Decide whether you want to change your plan
  - If you don't join another plan by December 7, 2022, you will stay in Blue Cross Medicare Advantage Classic (PPO).
  - To change to a **different plan**, you can switch plans between October 15 and December 7. Your new coverage will start on **January 1, 2023**. This will end your enrollment with Blue Cross Medicare Advantage Classic (PPO).
  - If you recently moved into, currently live in, or just moved out of an institution (like a skilled nursing facility or long-term care hospital), you can switch plans or switch to Original Medicare (either with or without a separate Medicare prescription drug plan) at any time.

#### **Additional Resources**

- This document is available for free in Spanish.
- ATTENTION: If you speak Spanish, language assistance services, free of charge, are available to you. Call Customer Service at 1-877-774-8592 (TTY only, call 711) for more information.
- ATENCIÓN: Si habla español, tiene a su disposición servicios gratuitos de asistencia lingüítica. Llame a Servicio al Cliente al 1-877-774-8592 (TTY: 711) para recibir más información.
- Please contact our Customer Service number at 1-877-774-8592 for additional information. (TTY users should call 711.) Hours are 8:00 a.m. – 8:00 p.m., local time, 7 days a week. If you are calling from April 1 through September 30, alternate technologies (for example, voicemail) will be used on weekends and holidays.
- Para obtener más información por favor póngase en contacto con nuestro número de servicio al cliente en 1-877-774-8592. (Usuarios de TTY deben llamar al 711.) El horario es de 8:00 20:00, hora de local, 7 días a la semana. Si usted está llamando desde el 1 de abril hasta el 30 de septiembre, tecnologías alternativas (por ejemplo, correo de voz) se utilizarán los fines de semana y festivos.
- Please contact Blue Cross Medicare Advantage Classic (PPO) if you need this information in another language or format (Spanish, braille, large print or alternate formats).
- Coverage under this Plan qualifies as Qualifying Health Coverage (QHC)
  and satisfies the Patient Protection and Affordable Care Act's (ACA) individual
  shared responsibility requirement. Please visit the Internal Revenue Service
  (IRS) website at <a href="https://www.irs.gov/Affordable-Care-Act/Individuals-and-Families">www.irs.gov/Affordable-Care-Act/Individuals-and-Families</a> for
  more information.

#### **About Blue Cross Medicare Advantage Classic (PPO)**

- PPO plans provided by Health Care Service Corporation, a Mutual Legal Reserve Company (HCSC), an Independent Licensee of the Blue Cross and Blue Shield Association. HCSC is a Medicare Advantage organization with a Medicare contract. Enrollment in HCSC's plan depends on contract renewal.
- When this document says "we," "us," or "our", it means Health Care Service Corporation, a Mutual Legal Reserve Company (HCSC). When it says "plan" or "our plan," it means Blue Cross Medicare Advantage Classic (PPO).

## **Annual Notice of Changes for 2023**Table of Contents

Summary o	f Important Costs for 2023	5
SECTION 1	Changes to Benefits and Costs for Next Year	7
	.1 – Changes to the Monthly Premium	
Section 1	.2 – Changes to Your Maximum Out-of-Pocket Amounts	8
Section 1	.3 – Changes to the Provider and Pharmacy Networks	9
Section 1	.4 – Changes to Benefits and Costs for Medical Services	9
Section 1	.5 – Changes to Part D Prescription Drug Coverage	. 21
SECTION 2	Administrative Changes	. 24
SECTION 3	Deciding Which Plan to Choose	. 29
Section 3	.1 – If you want to stay in Blue Cross Medicare Advantage Classic (PPO)	. 29
Section 3	.2 – If you want to change plans	. 29
SECTION 4	Deadline for Changing Plans	. 30
SECTION 5	Programs That Offer Free Counseling about Medicare	. 30
SECTION 6	Programs That Help Pay for Prescription Drugs	. 31
Section 7	Questions?	31

## **Summary of Important Costs for 2023**

The table below compares the 2022 costs and 2023 costs for Blue Cross Medicare Advantage Classic (PPO) in several important areas. **Please note this is only a summary of costs**.

Cost	2022 (this year)	2023 (next year)
Monthly plan premium*	\$0	\$0
* Your premium may be higher than this amount. See Section 1.1 for details.		
Maximum out-of-pocket amounts	From network providers: \$6,900	From network providers: \$4,900
This is the <u>most</u> you will pay out-of-pocket for your covered services. (See Section 1.2 for details.)	From network and out-of-network providers combined: \$11,300	From network and out-of-network providers combined: \$8,950
Doctor office visits	<u>In-Network</u>	<u>In-Network</u>
	Primary care visits: \$25 copay per visit	Primary care visits: \$0 copay per visit
	Specialist visits: \$50 copay per visit	Specialist visits: \$30 copay per visit
	Out-of-Network	Out-of-Network
	Primary care visits: \$35 copay per visit	Primary care visits: \$30 copay per visit
	Specialist visits: \$55 copay per visit	Specialist visits: \$75 copay per visit

Cost	2022 (this year)	2023 (next year)
Inpatient hospital stays	<u>In-Network</u>	<u>In-Network</u>
	\$320 copay per day for days 1-6 \$0 copay per day for days 7-90	\$320 copay per day for days 1-6 \$0 copay per day for days 7-90
	\$0 copay per day for days 91 and beyond	\$0 copay per day for days 91 and beyond
	Out-of-Network	<u>Out-of-Network</u>
	50% of the total cost per stay for Medicare-covered services	\$500 copay per day for Medicare-covered services
Part D prescription drug	Deductible: \$250	Deductible: \$200
coverage	Copayment/	Copayment/
(See Section 1.5 for details.)	Coinsurance during the Initial Coverage Stage:	Coinsurance during the Initial Coverage Stage:
	Drug Tier 1:	Drug Tier 1:
	<ul><li>Standard cost sharing: \$10 copay</li></ul>	<ul><li>Standard cost sharing: \$15 copay</li></ul>
	<ul><li>Preferred cost sharing: \$0 copay</li></ul>	<ul><li>Preferred cost sharing: \$0 copay</li></ul>
	Drug Tier 2:	Drug Tier 2:
	<ul><li>Standard cost sharing: \$20 copay</li></ul>	<ul><li>Standard cost sharing: \$20 copay</li></ul>
	<ul><li>Preferred cost sharing: \$10 copay</li></ul>	<ul><li>Preferred cost sharing: \$5 copay</li></ul>
	Drug Tier 3:	Drug Tier 3:
	<ul><li>Standard cost sharing: \$47 copay</li></ul>	<ul><li>Standard cost sharing: \$47 copay</li></ul>

Cost	2022 (this year)	2023 (next year)
	<ul><li>Preferred cost sharing: \$47 copay</li></ul>	<ul><li>Preferred cost sharing: \$44 copay</li></ul>
	Drug Tier 4:	Drug Tier 4:
	<ul><li>Standard cost sharing: \$100 copay</li></ul>	<ul><li>Standard cost sharing: \$100 copay</li></ul>
	<ul><li>Preferred cost sharing: \$100 copay</li></ul>	<ul><li>Preferred cost sharing: \$85 copay</li></ul>
	Drug Tier 5:	Drug Tier 5:
	<ul> <li>Standard cost sharing: 28% of the total cost</li> </ul>	<ul> <li>Standard cost sharing: 29% of the total cost</li> </ul>
	<ul><li>Preferred cost sharing: 28% of the total cost</li></ul>	<ul> <li>Preferred cost sharing: 29% of the total cost</li> </ul>

## SECTION 1 Changes to Benefits and Costs for Next Year

## Section 1.1 - Changes to the Monthly Premium

Cost	2022 (this year)	2023 (next year)
Monthly premium	\$0	\$0
(You must also continue to pay your Medicare Part B premium.)		
Optional Supplemental Benefits	\$32.20	\$36.60
(Optional supplemental benefit available for <i>an extra premium</i> )		
See Chapter 4, Section 2.2 (Extra "optional supplemental" benefits you		

Cost	2022 (this year)	2023 (next year)
can buy) of the Evidence of Coverage for details.		

- Your monthly plan premium will be more if you are required to pay a lifetime
  Part D late enrollment penalty for going without other drug coverage that is at
  least as good as Medicare drug coverage (also referred to as "creditable
  coverage") for 63 days or more.
- If you have a higher income, you may have to pay an additional amount each month directly to the government for your Medicare prescription drug coverage.

### **Section 1.2 - Changes to Your Maximum Out-of-Pocket Amounts**

Medicare requires all health plans to limit how much you pay "out-of-pocket" for the year. These limits are called the "maximum out-of-pocket amounts." Once you reach this amount, you generally pay nothing for covered services for the rest of the year.

Cost	2022 (this year)	2023 (next year)
In-network maximum out-of-pocket amount	\$6,900	\$4,900 Once you have paid
Your costs for covered medical services (such as copays) from network providers count toward your in-network maximum out-of-pocket amount. Your plan premium and your costs for prescription drugs do not count toward your maximum out-of-pocket amount.		\$4,900 out-of-pocket for covered services, you will pay nothing for your covered services from network providers for the rest of the calendar year.
Combined maximum out-of-pocket amount	\$11,300	\$8,950
Your costs for covered medical services (such as copays) from in-network and out-of-network providers count toward your combined maximum out-of-pocket amount. Your costs for outpatient prescription drugs		Once you have paid \$8,950 out-of-pocket for covered services, you will pay nothing for your covered services from network or out-of-network

Cost	2022 (this year)	2023 (next year)
do not count toward your maximum out-of-pocket amount for medical services.		providers for the rest of the calendar year.

## **Section 1.3 - Changes to the Provider and Pharmacy Networks**

Updated directories are also located on our website at getblueil.com/mapd. You may also call Customer Service for updated provider and/or pharmacy information or to ask us to mail you a directory.

There are changes to our network of providers for next year. Please review the 2023 Provider Directory to see if your providers (primary care provider, specialists, hospitals, etc.) are in our network.

There are changes to our network of pharmacies for next year. **Please review the 2023 Pharmacy Directory to see which pharmacies are in our network**.

It is important that you know that we may make changes to the hospitals, doctors and specialists (providers) and pharmacies that are part of your plan during the year. If a mid-year change in our providers affects you, please contact Customer Service so we may assist.

## **Section 1.4 - Changes to Benefits and Costs for Medical Services**

We are making changes to costs and benefits for certain medical services next year. The information below describes these changes.

Cost	2022 (this year)	2023 (next year)
Abdominal aortic aneurysm screening	Out-of-Network 50% of the total cost for Medicare-covered services.	Out-of-Network \$0 copay for Medicare-covered services.
Acupuncture for chronic low back pain (Medicare-covered)	In-Network \$50 copay for each Medicare-covered visit. Out-of-Network \$55 copay for each Medicare-covered visit.	In-Network \$30 copay for each Medicare-covered visit. Out-of-Network \$75 copay for each Medicare-covered visit.

Cost	2022 (this year)	2023 (next year)
Ambulance services	In and Out-of-Network You pay a \$325 copay for each one-way Medicare-covered ground service.	In and Out-of-Network You pay a \$250 copay for each one-way Medicare-covered ground service.
Annual physical exam	Out-of-Network 50% of the total cost for an annual physical exam.	Out-of-Network \$0 copay for an annual physical exam.
Annual wellness visit	Out-of-Network 50% of the total cost for Medicare-covered services.	Out-of-Network \$0 copay for Medicare-covered services.
Bone mass measurement	Out-of-Network 50% of the total cost for Medicare-covered services.	Out-of-Network \$0 copay for Medicare-covered services.
Breast cancer screening (mammograms)	Out-of-Network 50% of the total cost for Medicare-covered services.	Out-of-Network \$0 copay for Medicare-covered services.
Cardiac rehabilitation services	Out-of-Network 50% of the total cost for Medicare-covered cardiac rehab services and Medicare-covered intensive cardiac rehab services.	Out-of-Network \$75 copay for Medicare-covered cardiac rehab services and Medicare-covered intensive cardiac rehab services.
Cardiovascular disease risk reduction visit (therapy for cardiovascular disease)	Out-of-Network 50% of the total cost for Medicare-covered services.	Out-of-Network  \$0 copay for Medicare-covered services.

Cost	2022 (this year)	2023 (next year)
Cardiovascular disease testing	Out-of-Network 50% of the total cost for Medicare-covered services.	Out-of-Network \$0 copay for Medicare-covered services.
Cervical and vaginal cancer screening	Out-of-Network 50% of the total cost for Medicare-covered services.	Out-of-Network \$0 copay for Medicare-covered services.
Chiropractic services	Out-of-Network 50% of the total cost for Medicare-covered services.	Out-of-Network \$75 copay for Medicare-covered services.
Colorectal cancer screening	Out-of-Network 50% of the total cost for Medicare-covered colorectal services and Medicare-covered barium enema.	Out-of-Network  \$0 copay for Medicare-covered colorectal services and Medicare-covered barium enema.
Dental services (Non-Medicare-covered Preventive)	The following optional supplemental dental benefits are available for an extra premium:  In- and Out-of-Network You pay a \$0 copay for up to 2 oral exams per year, 2 cleanings per year and 1 bitewing X-ray per year.	In- and Out-of-Network You pay a \$0 copay for up to 2 oral exams per year, 2 cleanings per year and 1 bitewing X-ray per year.
Dental services (Non-Medicare-covered Comprehensive)	The following optional supplemental dental benefits are available for an extra premium:  In- and Out-of-Network \$1,000 maximum plan coverage amount for inand out-of-network	In- and Out-of-Network \$1,000 maximum plan coverage amount for in- and out-of-network comprehensive dental benefits per year. You pay 0% of the total cost for Basic Restorative

Cost	2022 (this year)	2023 (next year)
	comprehensive dental benefits per year. You pay 20% of the total cost for Basic Restorative Services, Non-Surgical Extractions, Non-Surgical Periodontal Services, Adjunctive Services. You pay 50% of the total cost for Endodontic Services, Oral Surgery Services, Surgical Periodontal Services, Major Restorative Services, Prosthodontic Services, Miscellaneous Restorative and Prosthodontic Services.	Services and Non-Surgical Periodontal Services. 50% of the total cost for Non-Surgical Extractions and Adjunctive Services. The following optional supplemental dental benefits are available for an extra premium:  In- and Out-of-Network \$1,000 maximum plan coverage amount for inand out-of-network comprehensive dental benefits per year. You pay 20% of the total cost for Endodontic Services, Oral Surgery Services, Surgical Periodontal Services, Major Restorative Services, Miscellaneous Restorative and Prosthodontic Services.
Dental services (Medicare-covered)	Out-of-Network 50% of the total cost for Medicare-covered services.	Out-of-Network \$75 copay for Medicare-covered services.
Depression screening	Out-of-Network 50% of the total cost for Medicare-covered services.	Out-of-Network \$0 copay for Medicare-covered services.
Diabetes screening	Out-of-Network 50% of the total cost for Medicare-covered services.	Out-of-Network \$0 copay for Medicare-covered services.

Cost	2022 (this year)	2023 (next year)
Diabetes self-management training, diabetic services and supplies	Out-of-Network 50% of the total cost for Medicare-covered diabetic supplies. 50% of the total cost for Medicare-covered diabetic therapeutic shoes or inserts. 50% of the total cost for Medicare-covered diabetes self-management training services.	Out-of-Network 20% of the total cost for Medicare-covered diabetic supplies. 20% of the total cost for Medicare-covered diabetic therapeutic shoes or inserts. \$0 copay for Medicare-covered diabetes self-management training services.
Durable medical equipment (DME), including Oxygen equipment	Out-of-Network 25% of the total cost for Medicare-covered durable medical equipment and supplies.	Out-of-Network 20% of the total cost for Medicare-covered durable medical equipment and supplies.
Hearing aids (Non-Medicare Covered)	Supplemental hearing benefits are only available if Optional Supplemental Benefits package is purchased. There is a \$1,000 maximum plan coverage limit for hearing aids (both ears combined) purchased in- or out-of-network every 3 years	In-Network and Out-of-Network There is a \$1,000 plan coverage limit for 2 hearing aids (boths ears combined) purchased in- or out-of-network every 3 years.
Hearing exams (Non-Medicare Covered)	Supplemental hearing benefits are only available if Optional Supplemental Benefits package is purchased. \$5 copay for in-network routine hearing exam and	In-Network \$0 copay for 1 routine hearing exam every year. Unlimited provider visits for fitting and adjustments within 12 months of purchase of TruHearing hearing aids. Out-of Network

Cost	2022 (this year)	2023 (next year)
	50% of the total cost for out-of-network routine hearing exam, 1 routine hearing exam every year In-Network \$0 copay for fitting/evaluation for hearing aid; unlimited provider visits for fitting and adjustments within 12 months of purchase of TruHearing hearing aids Out-of-Network 50% of the total cost for fitting/evaluation for hearing aid; 1 hearing aid fitting every 3 years.	50% of the total cost for one routine hearing exam every year. 50% of the total cost for 1 fitting and evaluation visit every 3 years.
Hearing services (Medicare-covered services)	Out-of-Network 50% of the total cost for Medicare-covered hearing exam.	Out-of-Network \$75 copay for Medicare-covered hearing exam.
HIV screening	Out-of-Network 50% of the total cost for Medicare-covered services.	Out-of-Network \$0 copay for Medicare-covered services.
Home infusion therapy	In-Network \$0 copay for Medicare-covered services.	In-Network 20% of the total cost for Medicare-covered services.
Immunizations	Out-of-Network 50% of the total cost for Medicare-covered services.	Out-of-Network \$0 copay for Medicare-covered services.

Cost	2022 (this year)	2023 (next year)
Inpatient hospital care	Out-of-Network 50% of the total cost per stay for Medicare-covered services.	Out-of-Network \$500 copay per day for Medicare-covered services.
Inpatient mental health care	Out-of-Network 50% of the total cost per stay for Medicare-covered services.	Out-of-Network \$500 copay per day for Medicare-covered services.
Medical nutrition therapy	Out-of-Network 50% of the total cost for Medicare-covered services.	Out-of-Network \$0 copay for Medicare-covered services.
Medicare diabetes prevention program (MDPP)	Out-of-Network 50% of the total cost for Medicare-covered services.	Out-of-Network \$0 copay for Medicare-covered services.
Obesity screening and therapy to promote sustained weight loss	Out-of-Network 50% of the total cost for Medicare-covered services.	Out-of-Network  \$0 copay for Medicare-covered services.
Opioid treatment program services	In-Network  \$50 copay for each Medicare-covered opioid treatment service.  Out-of-Network  \$55 copay for Medicare-covered opioid treatment program services.	In-Network \$35 copay for each Medicare-covered opioid treatment service. Out-of-Network \$75 copay for Medicare-covered opioid treatment program services.
Outpatient hospital observation	Out-of-Network 50% of the total cost for Medicare-covered services.	Out-of-Network \$400 copay for Medicare-covered services.

Cost	2022 (this year)	2023 (next year)
Outpatient hospital services	Out-of-Network 50% of the total cost for Medicare-covered outpatient hospital services. 50% of the total cost for Medicare-covered ambulatory surgical services.	Out-of-Network \$400 copay for Medicare-covered outpatient hospital services. \$350 copay for Medicare-covered ambulatory surgical services.
Outpatient mental health care	Out-of-Network 50% of the total cost for Medicare-covered outpatient individual psychiatric services. 50% of the total cost for Medicare-covered group psychiatric services. 50% of the total cost for Medicare-covered individual visits with a different type of specialist and 50% of the total cost for group therapy visits.	Out-of-Network  \$50 copay for Medicare-covered outpatient individual psychiatric services.  \$50 copay for Medicare-covered group psychiatric services.  \$50 copay for Medicare-covered individual visits with a different type of specialist and  \$50 copay for group therapy visits.
Outpatient rehabilitation services	Out-of-Network 50% of the total cost for Medicare-covered occupational therapy services. 50% of the total cost for Medicare-covered speech and physical therapy services.	Out-of-Network \$75 copay for Medicare-covered occupational therapy services. \$75 copay for Medicare-covered speech and physical therapy services.
Outpatient diagnostic procedures /tests /lab services	Out-of-Network 50% of the total cost for Medicare-covered Outpatient Diagnostic	Out-of-Network \$200 copay for Medicare-covered Outpatient Diagnostic

Cost	2022 (this year)	2023 (next year)
	Procedures/Tests/Lab Services.	Procedures/Tests/Lab Services.
Outpatient diagnostic radiological services	Out-of-Network 50% of the total cost for Medicare-covered Outpatient Diagnostic Radiological services.	Out-of-Network \$400 copay for Medicare-covered Outpatient Diagnostic Radiological services.
Outpatient x-ray services	In-Network \$25 - \$100 copay (\$25 copay with a PCP, \$50 copay with a Specialist, or \$100 copay at an Outpatient Hospital) Out-of-Network 50% of the total cost for Medicare-covered Outpatient X-ray services.	In-Network \$0 - \$100 copay (\$0 copay with a PCP, \$30 copay with a Specialist, or \$100 copay at an Outpatient Hospital) Out-of-Network \$200 copay for Medicare-covered Outpatient X-ray services.
Outpatient substance abuse services	Out-of-Network 50% of the total cost for Medicare-covered individual substance abuse treatment. 50% of the total cost for Medicare-covered group substance abuse treatment. 50% of the total cost for Medicare-covered partial hospitalization services.	Out-of-Network \$100 copay for Medicare-covered individual substance abuse treatment. \$100 copay for Medicare-covered group substance abuse treatment. \$75 copay for Medicare-covered partial hospitalization services.
Outpatient surgery, including services provided at hospital outpatient facilities and ambulatory surgical centers	Out-of-Network 50% of the total cost for Medicare-covered ambulatory surgical services. 50% of the total cost for Medicare-covered	Out-of-Network \$350 copay for Medicare-covered ambulatory surgical services. \$400 copay for Medicare-covered

Cost	2022 (this year)	2023 (next year)
	outpatient hospital	outpatient bespital
	outpatient hospital services.	outpatient hospital services.
	50% of the total cost for	\$400 copay for
	Medicare-covered	Medicare-covered
	observation services.	observation services.
	Observation services.	observation services.
Partial hospitalization	Out-of-Network	Out-of-Network
services	50% of the total cost for	\$75 copay for
	Medicare-covered partial	Medicare-covered partial
	hospitalization services.	hospitalization services.
Physician/Practitioner	In-Network	In-Network
services, including	\$25 copay for	\$0 copay for
doctor's office visits,	Medicare-covered primary	Medicare-covered primary
including doctor's office	care physcian services.	care physcian services.
visits	\$50 copay for services	\$30 copay for services
113163	performed with a	performed with a
	Specialist for	Specialist for
	Medicare-covered services	Medicare-covered services
	or provided by other	or provided by other
	health care professionals	health care professionals
	such as nurse	such as nurse
	practitioners, physician	practitioners, physician
	assistants, etc.	assistants, etc.
	Out-of-Network	Out-of-Network
	\$35 copay for	\$30 copay for
	Medicare-covered primary	Medicare-covered primary
	care physcian services.	care physcian services.
	\$55 copay for	\$75 copay for
	Medicare-covered	Medicare-covered
	physician specialist	physician specialist
	services by provided by	services by provided by
	other health care	other health care
	professionals such as	professionals such as
	nurse practitioners,	nurse practitioners,
	physician assistants, etc.	physician assistants, etc.
Podiatry services	Out-of-Network	Out-of-Network
i dulati y sei vices	50% of the total cost for	\$75 copay for
		Medicare-covered
	Medicare-covered partial services.	services.
	Services.	services.

Cost	2022 (this year)	2023 (next year)
Prostate cancer screening exams	Out-of-Network \$50% of the total cost for Medicare-covered services. 50% of the total cost for an annual Medicare-covered digital rectal exam.	Out-of-Network \$0 copay for Medicare-covered services. \$0 of the total cost for an annual Medicare-covered digital rectal exam.
Prosthetic devices and related supplies (medical supplies)	Out-of-Network 50% of the total cost for Medicare-covered medical supplies.	Out-of-Network 20% of the total cost for Medicare-covered medical supplies.
Prosthetic devices and related supplies (prosthetic devices)	Out-of-Network 50% of the total cost for Medicare-covered services prosthetic devices.	Out-of-Network 20% of the total cost for Medicare-covered services prosthetic devices.
Pulmonary rehabilitation services	In-Network \$30 copay for Medicare-covered pulmonary rehab services. Out-of-Network 50% of the total cost for Medicare-covered pulmonary rehab services.	In-Network \$20 copay for Medicare-covered pulmonary rehab services. Out-of-Network \$75 copay for Medicare-covered pulmonary rehab services.
Screening and counseling to reduce alcohol misuse	Out-of-Network 50% of the total cost for Medicare-covered services.	Out-of-Network \$0 copay for Medicare-covered services.
Screening for lung cancer with low dose computed tomography (LDCT)	Out-of-Network 50% of the total cost for Medicare-covered services.	Out-of-Network \$0 copay for Medicare-covered services.

Cost	2022 (this year)	2023 (next year)
Screening for sexually transmitted infections (STIs) and counseling to prevent STIs	Out-of-Network 50% of the total cost for Medicare-covered services.	Out-of-Network \$0 copay for Medicare-covered services.
Services to treat kidney disease	Out-of-Network 50% of the total cost for Medicare-covered kidney disease education.	Out-of-Network \$0 copay for Medicare-covered kidney disease education.
Skilled nursing facility (SNF) Care	In-Network You pay a \$0 copay per day for days 1-20 and \$188 copay per day for days 21-100 for each Medicare-covered SNF stay. Out-of-Network 50% of the total cost per stay for Medicare-covered services.	In-Network You pay a \$0 copay per day for days 1-20, \$196 copay per day for days 21-49 and \$0 copay per day for days 50-100 for each Medicare-covered SNF stay.  Out-of-Network \$250 copay per day for Medicare-covered services.
Smoking and tobacco use cessation (counseling to stop smoking or tobacco use)	Out-of-Network 50% of the total cost for Medicare-covered services.	Out-of-Network \$0 copay for Medicare-covered services.
Supervised exercise therapy (SET)	Out-of-Network 50% of the total cost for Medicare-covered supervised exercise therapy services.	Out-of-Network You pay a \$75 copay for Medicare-covered supervised exercise therapy services.
Vision care (Non-Medicare-covered Eyewear)	The following optional supplemental eyewear benefits are available for an extra premium:  In- and Out-of-Network:  \$150 maximum plan coverage amount for	In-and Out-of-Network Routine eye wear: \$100 plan coverage limited in- and out-of-network for routine eye wear every year (including eyeglass

Cost	2022 (this year)	2023 (next year)
	routine eyewear every year (including eyeglass frames, lenses, and contact lenses).	frames, lenses, and contact lenses).
Vision care (Medicare-covered)	Out-of-Network 50% of the total cost for Medicare-covered eye exam to diagnose and diseases and conditions of the eye. 50% of the total cost for an annual glaucoma screening. 50% of the total cost for 1 pair of Medicare-covered eyeglasses (lenses and frames) or contact lenses after cataract surgery.	Out-of-Network \$75 copay for Medicare-covered eye exam to diagnose and diseases and conditions of the eye. \$0 copay for an annual glaucoma screening. \$75 copay for 1 pair of Medicare-covered eyeglasses (lenses and frames) or contact lenses after cataract surgery.
"Welcome to Medicare" preventive visit	Out-of-Network 50% of the total cost for Medicare-covered services.	Out-of-Network \$0 copay for Medicare-covered services.

### **Section 1.5 - Changes to Part D Prescription Drug Coverage**

#### **Changes to Our Drug List**

Our list of covered drugs is called a Formulary or "Drug List." A copy of our Drug List is provided electronically.

We made changes to our Drug List, including changes to the drugs we cover and changes to the restrictions that apply to our coverage for certain drugs. **Review the Drug List to make sure your drugs will be covered next year and to see if there will be any restrictions.** 

Most of the changes in the Drug List are new for the beginning of each year. However, during the year, we might make other changes that are allowed by Medicare rules. For instance, we can immediately remove drugs considered unsafe by the FDA or withdrawn from the market by a product manufacturer. We update our online Drug List to provide the most up to date list of drugs.

If you are affected by a change in drug coverage at the beginning of the year or during the year, please review Chapter 9 of your Evidence of Coverage and talk to your doctor to find out your options, such as asking for a temporary supply, applying for an exception and/or working to find a new drug. You can also contact Customer Service for more information.

#### **Changes to Prescription Drug Costs**

There are four "drug payment stages."

The information below shows the changes to the first two stages – the Yearly Deductible Stage and the Initial Coverage Stage. (Most members do not reach the other two stages – the Coverage Gap Stage or the Catastrophic Coverage Stage.)

#### **Important Message About What You Pay for Vaccines**

Our plan covers most Part D vaccines at no cost to you, even if you haven't paid your deductible. Call Customer Service for more information.

#### Important Message About What You Pay for Insulin

You won't pay more than \$35 for a one-month supply of each insulin product covered by our plan, no matter what cost-sharing tier it's on, even if you haven't paid your deductible.

#### **Changes to the Deductible Stage**

Stage	2022 (this year)	2023 (next year)
Stage 1: Yearly Deductible Stage  During this stage, you pay the full cost of your Tier 3 Preferred Brand, Tier 4 Non-Preferred Drug and Tier 5 Specialty drugs until you have reached the yearly deductible.	The deductible is \$250.  During this stage, you pay \$0-\$47 cost sharing for drugs on Tier 1 Preferred Generic, Tier 2 Generic and Tier 3 Preferred Brand, and the full cost of drugs on Tier 4 Non-Preferred Drug and Tier 5 Specialty Tier until you have	The deductible is \$200.  During this stage, you pay \$0-\$20 cost sharing for drugs on Tier 1 Preferred Generic and Tier 2 Generic and the full cost of drugs on Tier 3 Preferred Brand, Tier 4 Non-Preferred Drug and Tier 5 Specialty until you have reached
	reached the yearly deductible.	the yearly deductible.

## **Changes to Your Cost Sharing in the Initial Coverage Stage**

Stage	2022 (this year)	2023 (next year)
Stage 2: Initial Coverage Stage Once you pay the	Your cost for a one-month supply at a network pharmacy:	Your cost for a one-month supply at a network pharmacy:
yearly deductible, you	Tier 1 - Preferred Generic:	Tier 1 - Preferred Generic:
move to the Initial Coverage Stage.	Standard cost sharing:	Standard cost sharing:
During this stage, the plan pays its share of	You pay \$10 copay per prescription.	You pay \$15 copay per prescription.
the cost of your drugs,	Preferred cost sharing:	Preferred cost sharing:
and you pay your share of the cost. The costs in this row	You pay \$0 copay per prescription.	You pay \$0 copay per prescription.
are for a one-month	Tier 2 - Generic:	Tier 2 - Generic:
(30-day) supply when you fill your	Standard cost sharing:	Standard cost sharing:
prescription at a network pharmacy.	You pay \$20 copay per prescription.	You pay \$20 copay per prescription.
For information about	Preferred cost sharing:	Preferred cost sharing:
the costs for a long-term supply or for mail-order	You pay \$10 copay per prescription.	You pay \$5 copay per prescription.
prescriptions, look in Chapter 6, Section 5 of	Tier 3 - Preferred Brand:	Tier 3 - Preferred Brand:
your <i>Evidence of</i>	Standard cost sharing:	Standard cost sharing:
Coverage.  We changed the tier	You pay \$47 copay per prescription.	You pay \$47 copay per prescription.
for some of the drugs	Preferred cost sharing:	Preferred cost sharing:
on our Drug List. To see if your drugs will be in a different tier, look them up on the Drug List.	You pay \$47 copay per prescription.	You pay \$44 copay per prescription.

Stage	2022 (this year)	2023 (next year)
	Tier 4 - Non-Preferred Drug:	Tier 4 - Non-Preferred Drug:
	Standard cost sharing:	Standard cost sharing:
	You pay \$100 copay per prescription.	You pay \$100 copay per prescription.
	Preferred cost sharing:	Preferred cost sharing:
	You pay \$100 copay per prescription.	You pay \$85 copay per prescription.
	Tier 5 - Specialty:	Tier 5 - Specialty:
	Standard cost sharing:	Standard cost sharing:
	You pay 28% of the total cost.	You pay 29% of the total cost.
	Preferred cost sharing:	Preferred cost sharing:
	You pay 28% of the total cost.	You pay 29% of the total cost.
	Once your total drug costs have reached \$4,430, you will move to the next stage (the Coverage Gap Stage).	Once your total drug costs have reached \$4,660, you will move to the next stage (the Coverage Gap Stage).

## **SECTION 2** Administrative Changes

Description	2022 (this year)	2023 (next year)
Service area	The service area for this plan includes these counties: Cook, DuPage, Kane, McHenry, and Will.	The service area for this plan includes these counties: Cook, DuPage, Grundy, Kane, Kankakee, Kendall, Lake, McHenry, and Will.

Description	2022 (this year)	2023 (next year)
Online Bill Pay	Not applicable	Starting January 1, 2023 you will be able to make your premium payments online. To find out more information, please call Customer Service using the phone number on the back of your ID card.
Automated Clearning House (ACH) Monthly Recurring Draft	Not applicable	Starting with the January 2023 recurring monthly ACH premium draft, the entire balance due will be drafted from your bank account rather than the current monthly premium amount. This means if 2 months of premiums are owed, then 2 months of premiums will be drafted. If you owe multiple months of premiums, and cannot afford for the entire balance on the account to be drafted in January 2023, please call Customer Service using the phone number on the back of your ID card to switch to statement pay or to set up SSA premium withhold.
SilverSneakers	Stay active, healthy and connected with SilverSneakers As a Blue Cross Medicare Advantage Classic (PPO) member, you have SilverSneakers® at no additional cost. SilverSneakers is more than	Stay active, healthy and connected with SilverSneakers As a Blue Cross Medicare Advantage Classic (PPO) member, you have SilverSneakers® at no additional cost. SilverSneakers is more than

#### Description **2022 (this year)** 2023 (next year) a fitness program. It's a way a fitness program. It's a way to improve your health, gain to improve your health, gain confidence and connect confidence and connect with your community. with your community. Whether you play tennis, Whether you play tennis, swim laps, lift weights, visit swim laps, lift weights, visit the gym or take live classes the gym or take live classes from home, SilverSneakers from home, SilverSneakers has you covered. has you covered. Movement, exercise and Movement, exercise and social connections are social connections are essential to your health, and essential to your health, and SilverSneakers supports you SilverSneakers supports you in all these ways. in all these ways. SilverSneakers gives you SilverSneakers gives you access to: access to: SilverSneakers LIVE™ SilverSneakers LIVE™ classes and workshops classes and taught by instructors workshops taught by trained in senior instructors trained in senior fitness fitness 200+ workout videos 200+ workout videos in the SilverSneakers in the SilverSneakers On-Demand<sup>™</sup> online On-Demand<sup>™</sup> online library library SilverSneakers GO<sup>™</sup> SilverSneakers GO<sup>™</sup> mobile app with digital mobile app with digital workout programs workout programs Thousands of · Thousands of participating gyms<sup>1</sup>, participating gyms<sup>1</sup>, with group fitness with group fitness classes<sup>2</sup> at select classes<sup>2</sup> at select locations locations SilverSneakers FLEX SilverSneakers FLEX Community classes Community classes offered in local offered in local neighborhood neighborhood locations **locations**

#### Description **2022 (this year)** 2023 (next year) · Online fitness and · Online fitness and nutrition tips nutrition tips • GetSetUp³, with GetSetUp³, with thousands of live thousands of live online classes to ignite online classes to ignite your interests in topics your interests in like cooking, topics like cooking, technology and art. technology and art. Stay active at the gym, from Stay active at the gym, from home and at locations home and at locations around your community. around your community. With SilverSneakers, you With SilverSneakers, you have more options than have more options than ever. ever. Create an account and Create an account and unlock your full unlock your full SilverSneakers benefits SilverSneakers benefits today. today. SilverSneakers.com/ SilverSneakers.com/ StartHere StartHere Link: https://tools. Link: https://tools. silversneakers.com/ silversneakers.com/ Eligibility/StartHere Eligibility/StartHere Footnotes: Footnotes: **1.** Participating locations **1.** Participating locations ("PL") are not owned ("PL") are not owned or operated by Tivity or operated by Tivity Health, Inc. or its Health, Inc. or its affiliates. Use of PL affiliates. Use of PL facilities and amenities facilities and is limited to terms and amenities is limited to conditions of PL basic terms and conditions membership. Facilities of PL basic membership. Facilities and amenities vary by PL. and amenities vary by PL.

trademarks of Tivity Health,

#### **Description 2022 (this year)** 2023 (next year) 2. Membership includes 2. Membership includes SilverSneakers SilverSneakers instructor-led group instructor-led group fitness classes. Some fitness classes. Some locations offer locations offer members additional members additional classes. Classes vary classes. Classes vary by location. by location. Blue Cross®, Blue Shield® 3. GetSetUp is a and the Cross and Shield third-party service Symbols are registered provider and is not service marks of the Blue owned or operated by Cross and Blue Shield Tivity Health, Inc. Association, an association ("Tivity") or its of independent Blue Cross affiliates. Users must and Blue Shield Plans. have internet service to access GetSetUp SilverSneakers and the service. Internet SilverSneakers shoe service charges are logotype are registered responsibility of user. trademarks of Tivity Health, Charges may apply for Inc. SilverSneakers LIVE, access to certain SilverSneakers On-Demand GetSetUp classes or and SilverSneakers GO are functionality. trademarks of Tivity Health, Inc. <sup>©</sup> 2022 Tivity Health, Inc. Blue Cross®, Blue Shield® All rights reserved. and the Cross and Shield Symbols are registered service marks of the Blue Cross and Blue Shield Association, an association of independent Blue Cross and Blue Shield Plans. SilverSneakers and the SilverSneakers shoe logotype are registered trademarks of Tivity Health, Inc. SilverSneakers LIVE, SilverSneakers On-Demand and SilverSneakers GO are

Description	2022 (this year)	2023 (next year)
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#### **SECTION 3** Deciding Which Plan to Choose

## Section 3.1 - If you want to stay in Blue Cross Medicare Advantage Classic (PPO)

**To stay in our plan, you don't need to do anything.** If you do not sign up for a different plan or change to Original Medicare by December 7, you will automatically be enrolled in our Blue Cross Medicare Advantage Classic (PPO).

### Section 3.2 - If you want to change plans

We hope to keep you as a member next year but if you want to change plans for 2023 follow these steps:

#### Step 1: Learn about and compare your choices

- You can join a different Medicare health plan,
- OR- You can change to Original Medicare. If you change to Original Medicare, you will need to decide whether to join a Medicare drug plan. If you do not enroll in a Medicare drug plan, please see Section 1.1 regarding a potential Part D late enrollment penalty.

To learn more about Original Medicare and the different types of Medicare plans, use the Medicare Plan Finder (www.medicare.gov/plan-compare), read the *Medicare & You 2023* handbook, call your State Health Insurance Assistance Program (see Section 5), or call Medicare (see Section 7.2).

#### Step 2: Change your coverage

- To **change to a different Medicare health plan**, enroll in the new plan. You will automatically be disenrolled from Blue Cross Medicare Advantage Classic (PPO).
- To **change to Original Medicare with a prescription drug plan**, enroll in the new drug plan. You will automatically be disenrolled from Blue Cross Medicare Advantage Classic (PPO).

- To change to Original Medicare without a prescription drug plan, you must either:
  - Send us a written request to disenroll. Contact Customer Service if you need more information on how to do so.
  - OR Contact Medicare, at 1-800-MEDICARE (1-800-633-4227), 24 hours a day, 7 days a week, and ask to be disenrolled. TTY users should call 1-877-486-2048.

#### **SECTION 4** Deadline for Changing Plans

If you want to change to a different plan or to Original Medicare for next year, you can do it from **October 15 until December 7.** The change will take effect on January 1, 2023.

#### Are there other times of the year to make a change?

In certain situations, changes are also allowed at other times of the year. Examples include people with Medicaid, those who get "Extra Help" paying for their drugs, those who have or are leaving employer coverage, and those who move out of the service area.

If you enrolled in a Medicare Advantage Plan for January 1, 2023, and don't like your plan choice, you can switch to another Medicare health plan (either with or without Medicare prescription drug coverage) or switch to Original Medicare (either with or without Medicare prescription drug coverage) between January 1 and March 31, 2023.

If you recently moved into, currently live in, or just moved out of an institution (like a skilled nursing facility or long-term care hospital), you can change your Medicare coverage **at any time**. You can change to any other Medicare health plan (either with or without Medicare prescription drug coverage) or switch to Original Medicare (either with or without a separate Medicare prescription drug plan) at any time.

## **SECTION 5** Programs That Offer Free Counseling about Medicare

The State Health Insurance Assistance Program (SHIP) is an independent government program with trained counselors in every state. In Illinois, the SHIP is called Illinois Department on Aging.

It is a state program that gets money from the Federal government to give **free** local health insurance counseling to people with Medicare. Illinois Department on Aging counselors can help you with your Medicare questions or problems. They can help you understand your Medicare plan choices and answer questions about switching plans. You can call Illinois Department on Aging at 1-800-252-8966. You can learn more about Illinois Department on Aging by visiting their website

(https://www2.illinois.gov/aging/ship/Pages/default.aspx).

## **SECTION 6** Programs That Help Pay for Prescription Drugs

You may qualify for help paying for prescription drugs.

- "Extra Help" from Medicare. People with limited incomes may qualify for "Extra Help" to pay for their prescription drug costs. If you qualify, Medicare could pay up to 75% or more of your drug costs including monthly prescription drug premiums, annual deductibles, and coinsurance. Additionally, those who qualify will not have a coverage gap or late enrollment penalty. To see if you qualify, call:
  - 1-800-MEDICARE (1-800-633-4227). TTY users should call 1-877-486-2048, 24 hours a day/7 days a week;
  - The Social Security Office at 1-800-772-1213 between 8 am and 7 pm, Monday through Friday for a representative. Automated messages are available 24 hours a day. TTY users should call 1-800-325-0778; or
  - Your State Medicaid Office (applications).
- Prescription Cost-sharing Assistance for Persons with HIV/AIDS. The AIDS
   Drug Assistance Program (ADAP) helps ensure that ADAP-eligible individuals
   living with HIV/AIDS have access to life-saving HIV medications. Individuals must
   meet certain criteria, including proof of State residence and HIV status, low
   income as defined by the State, and uninsured/under-insured status. Medicare
   Part D prescription drugs that are also covered by ADAP qualify for prescription
   cost-sharing assistance through the Illinois Department of Public Health. For
   information on eligibility criteria, covered drugs, or how to enroll in the program,
   please call 1-217-782-4977.

## **SECTION 7** Questions?

## Section 7.1 – Getting Help from Blue Cross Medicare Advantage Classic (PPO)

Questions? We're here to help. Please call Customer Service at 1-877-774-8592. (TTY only, call 711.) We are available for phone calls 8:00 a.m. – 8:00 p.m., local time, 7 days a week. If you are calling from April 1 through September 30, alternate technologies (for example, voicemail) will be used on weekends and holidays. Calls to these numbers are free.

## Read your 2023 Evidence of Coverage (it has details about next year's benefits and costs)

This *Annual Notice of Changes* gives you a summary of changes in your benefits and costs for 2023. For details, look in the *2023 Evidence of Coverage* for Blue Cross Medicare Advantage Classic (PPO). The *Evidence of Coverage* is the legal, detailed description of your plan benefits. It explains your rights and the rules you need to follow to get covered services and prescription drugs. A copy of the *Evidence of Coverage* is located on our website at <u>getblueil.com/mapd</u>. You may also call Customer Service to ask us to mail you an *Evidence of Coverage*.

#### **Visit our Website**

You can also visit our website at <u>getblueil.com/mapd</u>. As a reminder, our website has the most up-to-date information about our provider network (*Provider Directory*) and our list of covered drugs (Formulary/Drug List).

#### **Section 7.2 - Getting Help from Medicare**

To get information directly from Medicare:

#### Call 1-800-MEDICARE (1-800-633-4227)

You can call 1-800-MEDICARE (1-800-633-4227), 24 hours a day, 7 days a week. TTY users should call 1-877-486-2048.

#### Visit the Medicare Website

Visit the Medicare website (<u>www.medicare.gov</u>). It has information about cost, coverage, and quality Star Ratings to help you compare Medicare health plans in your area. To view the information about plans, go to <u>www.medicare.gov/plan-compare</u>.

#### Read Medicare & You 2023

Read the *Medicare & You 2023* handbook. Every fall, this booklet is mailed to people with Medicare. It has a summary of Medicare benefits, rights and protections, and answers to the most frequently asked questions about Medicare. If you don't have a copy of this document, you can get it at the Medicare website (<a href="https://www.medicare.gov/Pubs/pdf/10050-medicare-and-you.pdf">https://www.medicare.gov/Pubs/pdf/10050-medicare-and-you.pdf</a>) or by calling 1-800-MEDICARE (1-800-633-4227), 24 hours a day, 7 days a week. TTY users should call 1-877-486-2048.