



**BlueCross BlueShield  
of Illinois**

# Blue Cross and Blue Shield of Illinois Provider Manual

## HMO Scope of Benefits Section

Blue Cross and Blue Shield of Illinois, a Division of Health Care Service Corporation, a Mutual Legal Reserve Company,  
an Independent Licensee of the Blue Cross and Blue Shield Association

## Hypnotherapy (Hypnosis)

### Benefit

Hypnotherapy is a covered benefit, when administered by a licensed Clinical Psychologist or Physician.

### Interpretation

Hypnotherapy, for the purpose of HMO benefits, is defined as the use of hypnosis in the practice of clinical psychology or psychiatry services is a covered benefit. Additional information can be found in the Section 225 Illinois Compiled Statutes 15/3 (h).

<b>Paid by</b>	Professional Outpatient Charges	IPA
	Professional Inpatient Charges	IPA
	Outpatient Treatment Room Charges	IPA
	Inpatient and/or Outpatient Surgical Facility Charges	HMO
	Hypnosis – administered by a non-licensed professional – all Charges	Member

**Exclusion:** Hypnosis performed by a non-licensed professional