



**BlueCross BlueShield
of Illinois**

Blue Cross and Blue Shield of Illinois Provider Manual

HMO Scope of Benefits Section

Blue Cross and Blue Shield of Illinois, a Division of Health Care Service Corporation, a Mutual Legal Reserve Company,
an Independent Licensee of the Blue Cross and Blue Shield Association

Apnea Monitors

Benefit

Apnea monitors are a covered benefit for members up to 12-months of age who:

- Have had a clinically significant episode of apnea
- Have a history of a sibling with SID

Interpretation

Clinically significant apnea in infants is defined as a condition in which:

- (a) breathing stops for 20 seconds or longer; or
- (b) breathing stops for less than 20 seconds when associated with bradycardia (slowing of heartbeat) or cyanosis (bluish discoloration of the skin).

Home apnea monitors generally monitor both respiratory and heart rate. An alarm will sound if there is respiratory cessation beyond a predetermined time limit (e.g. twenty seconds) or if the heart rate falls below a preset rate.

Parent or guardian training and instruction by a physician or nurse in use of monitor and appropriate response to warnings from the monitor are also eligible for benefit.

Non-covered services include:

- Installation of back-up electrical systems
- Housing alterations
- Nursing services when the only activity performed by the nurse is observing and responding to the monitor alarm.

Paid by	Equipment Charges	HMO
	Professional Charges	IPA

Coverage Variation

Benefit Plan DIRPI- excluded.