BlueCross BlueShield of Illinois



18-21 Year Old Well Visits

Supporting Medicaid members transitioning into adulthood

Medicaid members ages 18 to 21 may face unique health care challenges due to coverage transitions, learning how to manage their own care and shifting life priorities.

Well visit challenges for young adults

Barriers to getting care may include:

- **Age 19 disenrollment** – Eligibility rules shift from being a dependent to adult standards.
- **Loss of pediatric support** – They transition from care managed by parents to being responsible for their own health care.
- **Provider selection** – Finding a primary care physician may seem unnecessary, confusing or difficult.
- **Scheduling conflicts** – They may have limited availability to get care due to job responsibilities, irregular work hours, college classes and other activities.
- **Health literacy, transportation and finances** – They may lack education on available services and how to navigate their care, including finding affordable, reliable transportation.
- **Perceived invincibility** – Young adults may not see the need to seek well visits if they feel physically healthy, especially if they grew up in a family that didn't prioritize preventive health care.

Tips to consider

- Emphasize the importance of continuing to get well visits, especially for families with teenagers approaching adulthood.
- Follow guidelines to ensure any program requirements are met.
- Ensure claims are submitted properly to identify care provided to patients who are 18 to 21.

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Billing reminders

General well visit Current Procedural Terminology (CPT®) and other codes are below for patients **18 and older**.

It's important to be aware that some CPT and Healthcare Common Procedure Coding System codes are similar and available to use for preventive care visits for patients who are **20 or 21** at the time of care.

Well visit codes

For patients 18 years or older

CPT codes	**99381-99385** **99391-99395**
HCPCS codes	**G0438** **G0439**
ICD-10-CM codes	**Z00.00** **Z00.01** **Z00.121** **Z00.129** **Z76.1** **Z76.2**

For information on **documentation and coding** for these measures. It's available through **Availity® Essentials** within our Payer Space in the Resources section.

Related resources

See our **Early and Periodic Screening, Diagnostic and Treatment Clinical Practice and Billing Guideline** for details on comprehensive and preventive health care service requirements for Medicaid-eligible children and young adults under age 21.

Also refer to:

- **Preventive Care Guidelines**
- **Clinical Practice Guidelines**
- **Member Health and Wellness Programs**

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