A Provider Publication

August 2022

Electronic Options

New Online Option to Confirm Medical Record Receipt Status

You don't need to call Blue Cross and Blue Shield of Illinois (BCBSIL) to confirm receipt of medical records you've mailed or faxed to us for claim processing. We've launched a new application in the BCBSIL-branded Payer Spaces section via Availity® Essentials so you can verify medical record receipt online.

Read More

Check Eligibility and Benefits: Don't skip this important first step!

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Read More

Pharmacy Program

Pharmacy Program Updates: Quarterly Pharmacy Changes Effective July 1, 2022 – Part 2

On May 11, 2022, we posted a <u>July Quarterly Pharmacy Changes Part 1</u> article in News and Updates. It includes important reminders, drug list changes, dispensing limit changes and utilization management program changes. For a follow-up with additional 3rd quarter changes, see the News and Updates for the <u>July Quarterly Pharmacy Changes Part 2</u> article, posted July 19, 2022.

Pharmacy Program Updates: Prior Authorization Changes Effective October 2022

The Pharmacy Prior Authorization (PA) program encourages safe, cost-effective medication use by

allowing coverage when certain conditions are met. A clinical team of physicians and pharmacists develops and approves the clinical programs and criteria for medications that are appropriate for PA by reviewing U.S. Food and Drug Administration (FDA) approved labeling, scientific literature and nationally recognized guidelines. See the News and Updates for <u>pharmacy PA changes effective Oct.</u> 1, 2022.

Wellness and Member Education

Share Facts About Immunizations With Your Patients in August

According to the American Academy of Pediatrics, immunizations are one of the greatest public health achievements, preventing tens of thousands of deaths and millions of cases of disease, while avoiding billions of dollars in costs.

Read More

Community Involvement

2022 Back to School Events at Our Blue Door Neighborhood CenterSM Locations

As "back to school" sales remind us of the end of summer, BCBSIL is working with the Chicago Department of Public Health on a series of free vaccination clinics for the whole family. Clinics will take place at all Blue Door Neighborhood Center (BDNCSM) locations.

Read More

Focus on Behavioral Health

Behavioral Health Support Resources: Maternity Program for Blue Cross Community Health PlansSM (BCCHPSM) Members

Many BCBSIL members – including BCCHP members – have access to our Special Beginnings® maternity program. This program is offered for members in early pregnancy until 84 days after giving birth. It can help members better understand and manage their health during pregnancy.

Read More

Provider Education

Provider Learning Opportunities

BCBSIL offers free webinars and workshops for the independently contracted providers who work with us. A preview of upcoming training sessions is included in this month's issue.

Read More

Has your information changed? Let us know!

When seeking health care services, our members often rely upon the information in our online Provider Finder[®]. Prospective patients can use this online tool to confirm if your practice is a contracted innetwork provider for their health care benefit plan.

Read More

Claims and Coding

New Laboratory Management Program to Begin Nov. 1, 2022

You may have seen the communication about the delayed launch of our new Laboratory Benefit Management program with Avalon Health Solutions. We delayed this launch to continue providing education and clarity to providers about the program. Effective **Nov. 1, 2022**, BCBSIL will implement its new program with Avalon Healthcare Solutions for claims for certain outpatient laboratory services provided to many of our **commercial**, **non-HMO** members. Read more on News and Updates.

Reminder: CPT® Codes May Change

As a reminder, Current Procedural Terminology (CPT) codes may change throughout the year due to changes (new, replaced or removed codes) implemented by the American Medical Association (AMA).

Read More

Claims and Coding

Reviews on Inpatient DRG Claims for BlueCard® (Out of Area) Medicare Advantage Members

The Blue Cross and Blue Shield Association requires all host Blue Cross and Blue Shield (BCBS) Plans to review select inpatient, diagnosis-related group (DRG) claims for any out-of-area Blue Cross Medicare AdvantageSM members. Beginning **Oct. 15, 2022**, BCBSIL will work with EXL Health (EXL) to complete these reviews. The review will check for compliance with ICD-10 procedure coding system guidelines. Read more on News and Updates.

Illinois Medicaid Providers: Confirm Certifications and Licensure are Active in the IMPACT System

If you're attested with the Illinois Department of Healthcare and Family Services (HFS) to provide care and services to Illinois Medicaid members, you must confirm your certification or licensure on file in the Illinois Medicaid Program Advanced Cloud Technology (IMPACT) system is current. This is a condition of participation in the Medicaid program. Read more on News and Updates.

Clinical Updates, Resources and Reminders

Medicaid Reminder: HFS Reinstatement of Certificate of Transportation Services (CTS)

Form, Effective June 1, 2022

In April 2022, the Illinois Department of Healthcare and Family Services (HFS) issued this <u>provider notice</u> to announce the new date for reinstatement of the HFS 2271 Certification of Transportation Services (CTS) form. As specified in the notice, the HFS 2271 form is to be used for all non-emergency transports originating at a patient's private residence for dates of service on or after June 1, 2022. Read more on News and Updates.

Use Our New Prior Authorization Digital Lookup Tool for Medicaid Member Information

You may be familiar with some of the Medicaid prior authorization resources on our Provider website. These include prior authorization code lists with effective dates and related information for BCCHP and Blue Cross Community MMAI (Medicare-Medicaid Plan)SM members. Recently, we added a digital lookup tool that gives you a different way to view prior authorization requirements that may apply to our BCCHP and MMAI members.

Read More

Quality Improvement and Reporting

Blue Distinction® Centers for Cancer Care

The Blue Distinction Centers for Cancer Care program aims to improve patient outcomes and cost by addressing fragmented delivery of care. It's available for all cancer types and various care settings, including physician groups, cancer centers, hospitals and accountable care organizations (ACOs).

Read More

Blue Review Readership Survey: Your Ideas and Input in Action

We're grateful to all providers who took the time to respond to our annual year-end *Blue Review* readership survey. Before we move forward with this year's survey, we wanted to share our "report card" – how we performed and what we've been doing to improve, based on your ratings and feedback.

Read More



Stay informed!

Watch the News and Updates on our Provider website for important announcements.

Verify and Update Your Information

Verify your directory information every 90 days. Use the <u>Availity® Provider Data Management</u> feature or our Demographic Change Form. **Facilities** may only use the <u>Demographic Change</u> Form.

Provider Training

For dates, times and online registration, visit the Webinars and Workshops page.



Questions? Comments? Send an email to our editorial staff.

bcbsil.com

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New Online Option to Confirm Medical Record Receipt Status

You don't need to call Blue Cross and Blue Shield of Illinois (BCBSIL) to confirm receipt of medical records you've mailed or faxed to us for claim processing. We've launched a new application in the BCBSIL-branded Payer Spaces section via Availity® Essentials so you can verify medical record receipt online. This new functionality is just the first iteration of more enhancements to come.

Steps to confirm medical record receipt status online:

- Log on to <u>Availity Essentials</u>
- Select Payer Spaces from the navigation menu and choose BCBSIL
- Select Medical Record Status Viewer from the Applications tab
- Enter the required data elements and click View Medical Record Status
- Response specifies if the medical records were received by BCBSIL, along with the number of pages submitted

For More Information

Refer to the instructional **Medical Record Status Viewer User Guide** in the <u>Provider Tools</u> section of our website. Watch the *Blue Review* and <u>News and Updates</u> for announcements on future enhancements. If you have questions, email our <u>Provider Education Consultants</u>.

Don't have an Availity Essentials account?

Register today for free on Availity. If you need registration help, call Availity Client Services at 800-282-4548.

This information is not applicable to Medicare Advantage or Illinois Medicaid claims.

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Check Eligibility and Benefits: Don't skip this important first step!

Is your patient's membership with Blue Cross and Blue Shield of Illinois (BCBSIL) still active? Are you or your practice/medical group in- or out-of-network for a specific patient? Is prior authorization required for a particular member/service?

Get Answers Up Front

Benefits will vary based on the service being rendered and individual and group policy elections. It's critical to check eligibility and benefits for each patient before every scheduled appointment. Eligibility and benefit quotes include important information about the patients' benefits, such as membership verification, coverage status and applicable copayment, coinsurance and deductible amounts. Also, the benefit quote may include information on applicable prior authorization or pre-notification requirements.* When services may not be covered, you should notify members that they may be billed directly.

Don't Take Chances

Ask to see the member's BCBSIL ID card for current information. Also ask for a driver's license or other photo ID to help guard against medical identity theft. Remind your patients to call the number on their BCBSIL card if they have questions about their benefits.

Use Online Options

We encourage you to check eligibility and benefits via an electronic 270 transaction through the Availity® Provider Portal or your preferred vendor portal. You may conduct electronic eligibility and benefits inquiries for local BCBSIL members, and out-of-area Blue Plan and Federal Employee Program® (FEP®) members.

Learn More

For more information, such as an <u>Availity user guide</u>, refer to the <u>Eligibility and Benefits page</u> on our Provider website. BCBSIL also offers educational webinars with an emphasis on electronic transactions, including eligibility and benefits inquiries. Refer to the <u>Webinars and Workshops</u> page for upcoming dates, times and registration links to sign up now.

*Note: For commercial non-HMO members, even if prior authorization isn't required, you still may want to submit a

voluntary predetermination request. This step can help avoid post-service medical necessity review. Checking eligibility and benefits can't tell you when to request predetermination, since it's optional. But there's a <u>Medical Policy Reference</u> <u>List</u> on our <u>Predetermination page</u> to help you decide.

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Checking eligibility and benefits and/or obtaining prior authorization is not a guarantee of payment of benefits. Payment of benefits is subject to several factors, including, but not limited to, eligibility at the time of service, payment of premiums/contributions, amounts allowable for services, supporting medical documentation, and other terms, conditions, limitations, and exclusions set forth in the member's policy certificate and/or benefits booklet and or summary plan description. Regardless of any prior authorization or benefit determination, the final decision regarding any treatment or service is between the patient and their health care provider.

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Pharmacy Program Updates: Quarterly Pharmacy Changes Effective July 1, 2022 – Part 1

May 11, 2022

IMPORTANT PHARMACY BENEFIT REMINDERS

Jan. 1, 2022 is the start of a new year and renewed or new health insurance benefits for most Blue Cross and Blue Shield of Illinois (BCBSIL) members. As you see your patients, please consider the following reminders:

- Members' benefits may be based on a new drug list when their plans renew in 2022.
- Discuss your patients' benefits during an office visit or confirm their benefits by calling the number on their ID cards.
- Review the prescription drug list before prescribing medications.
- If your patients need a coverage exception or prior authorization request in order to take a medicine that may be excluded from coverage or included in a utilization management program, please visit the Prior Authorization/Step Therapy Programs section of our provider website at bcbsil.com/provider for the form and more information.

Treatment decisions are *always* between you and your patients. Coverage is subject to the terms and limits of your patients' benefit plans. Please advise them to review their benefit materials for details.

DRUG LIST CHANGES

Based on the availability of new prescription medications and Prime's National Pharmacy and Therapeutics Committee's review of changes in the pharmaceuticals market, some revisions (drugs still covered but moved to a higher out-of-pocket payment level) and/or exclusions (drugs no longer covered) will be made to the BCBSIL drug lists. Your patient(s) may ask you about therapeutic or lower cost alternatives if their medication is affected by one of these changes. **Changes effective July 1, 2022 are outlined below.**

The July Quarterly Pharmacy Changes Part 2 article with more recent coverage additions will also be published closer to the July 1 effective date.

Please note: The drug list changes below do not apply to BCBSIL members on the Basic Annual, Multi-Tier Basic Annual, Enhanced Annual, Multi-Tier Enhanced Annual or Performance Annual Drug Lists. These drug lists will have the revisions and/or exclusions applied on or after Jan. 1, 2023.

If you have patients with an HMO Illinois® or Blue Advantage HMOSM plan, these drug list revisions/exclusions may not apply to their pharmacy benefits, administered through Prime Therapeutics, until on or after Jan. 1, 2023.

Drug List Updates (Revisions/Exclusions) – As of July 1, 2022

Non-Preferred Brand ¹	Drug Class/ Condition Used For	Preferred Generic Alternative(s) ²	Preferred Brand Alternative(s) ^{1, 2}
Basic, Multi-Tier Basic, Enhanced and		Multi-Tier Enhanced Drug	Lists Revisions
AFINITOR (everolimus tab	Cancer	There is a generic equival	ent available. Please talk
10 mg)		to your doctor or pharmac	ist about other
		medication(s) available for	your condition.
CARBAGLU (carglumic acid	Hyperammonem	There is a generic equival	ent available. Please talk
tab 200 mg)	ia	to your doctor or pharmac	ist about other
		medication(s) available for	r your condition.

ODANII) (() ()	I =	T	I
GRANIX (tbo-filgrastim	Febrile		Nivestym, Zarxio
subcutaneous inj 300	Neutropenia		
mcg/ml)			
GRANIX (tbo-filgrastim	Febrile		Nivestym, Zarxio
subcutaneous inj 480	Neutropenia		
mcg/1.6 ml (300 mcg/ml))			
GRANIX (tbo-filgrastim soln	Febrile		Nivestym, Zarxio
			Nivestylli, Zaixio
prefilled syringe 300 mcg/0.5	Neutropenia		
ml, 480 mcg/0.8 ml)		<u> </u>	
NARCAN (naloxone hcl	Opioid	There is a generic equival	
nasal spray 4 mg/0.1 ml)	Overdose	to your doctor or pharmac	
		medication(s) available for	r your condition.
NEULASTA (pegfilgrastim	Febrile		Ziextenzo, Fulphila
soln prefilled syringe kit 6	Neutropenia		, ,
mg/0.6 ml)			
NEULASTA ONPRO KIT	Febrile		Ziextenzo, Fulphila
(pegfilgrastim soln prefilled	Neutropenia		Ziekterizo, i diprilid
syringe kit 6 mg/0.6 ml)	Neutropenia		
	Febrile		Nivesture Zemie
NEUPOGEN (filgrastim inj			Nivestym, Zarxio
300 mcg/ml)	Neutropenia		
NEUPOGEN (filgrastim inj	Febrile		Nivestym, Zarxio
480 mcg/1.6 ml (300	Neutropenia		
mcg/ml))			
NEUPOGEN (filgrastim soln	Febrile		Nivestym, Zarxio
prefilled syringe 300 mcg/0.5	Neutropenia		
ml)			
NEUPOGEN (filgrastim soln	Febrile		Nivestym, Zarxio
prefilled syringe 480 mcg/0.8	Neutropenia		Tuvootym, Zarxio
ml (600 mcg/ml))	ricatiopenia		
NYVEPRIA (pegfilgrastim-	Febrile		Ziextenzo, Fulphila
			Ziexterizo, Fulprilia
apgf soln prefilled syringe 6	Neutropenia		
mg/0.6 ml)			
UDENYCA (pegfilgrastim-	Febrile		Ziextenzo, Fulphila
cbqv soln prefilled syringe 6	Neutropenia		
mg/0.6 ml)			
Drug ¹	Drug Class/	Generic Alternatives ^{1,2}	Brand Alternatives ^{1,2}
	Condition Used		
	For		
Balanced, Perf	ormance and Perf	ormance Select Drug Lists	s Revisions
CEPHALEXIN (cephalexin	Bacterial	cephalexin 250 mg	
cap 750 mg)			
Jap 100 mg)	Infections	capsule, cephalexin 500	
, ,	Infections	capsule, cephalexin 500 mg capsule	
FLUORIDEX SENSITIVITY	Infections Dental Caries	capsule, cephalexin 500 mg capsule sodium fluoride-	
FLUORIDEX SENSITIVITY RELIEF (sodium fluoride-	Infections	capsule, cephalexin 500 mg capsule	
FLUORIDEX SENSITIVITY RELIEF (sodium fluoride- potassium nitrate paste 1.1-	Infections Dental Caries	capsule, cephalexin 500 mg capsule sodium fluoride-	
FLUORIDEX SENSITIVITY RELIEF (sodium fluoride- potassium nitrate paste 1.1- 5%)	Infections Dental Caries Prophylaxis	capsule, cephalexin 500 mg capsule sodium fluoride- potassium nitrate gel	
FLUORIDEX SENSITIVITY RELIEF (sodium fluoride- potassium nitrate paste 1.1- 5%) FLUORIDEX SENSITIVITY	Infections Dental Caries Prophylaxis Dental Caries	capsule, cephalexin 500 mg capsule sodium fluoride- potassium nitrate gel sodium fluoride-	
FLUORIDEX SENSITIVITY RELIEF (sodium fluoride- potassium nitrate paste 1.1- 5%) FLUORIDEX SENSITIVITY RELIEF/SLS FREE (sodium	Infections Dental Caries Prophylaxis	capsule, cephalexin 500 mg capsule sodium fluoride- potassium nitrate gel	
FLUORIDEX SENSITIVITY RELIEF (sodium fluoride- potassium nitrate paste 1.1- 5%) FLUORIDEX SENSITIVITY RELIEF/SLS FREE (sodium fluoride-potassium nitrate	Infections Dental Caries Prophylaxis Dental Caries	capsule, cephalexin 500 mg capsule sodium fluoride- potassium nitrate gel sodium fluoride-	
FLUORIDEX SENSITIVITY RELIEF (sodium fluoride- potassium nitrate paste 1.1- 5%) FLUORIDEX SENSITIVITY RELIEF/SLS FREE (sodium	Infections Dental Caries Prophylaxis Dental Caries	capsule, cephalexin 500 mg capsule sodium fluoride- potassium nitrate gel sodium fluoride-	
FLUORIDEX SENSITIVITY RELIEF (sodium fluoride- potassium nitrate paste 1.1- 5%) FLUORIDEX SENSITIVITY RELIEF/SLS FREE (sodium fluoride-potassium nitrate	Infections Dental Caries Prophylaxis Dental Caries	capsule, cephalexin 500 mg capsule sodium fluoride- potassium nitrate gel sodium fluoride- potassium nitrate gel	or pharmacist about other
FLUORIDEX SENSITIVITY RELIEF (sodium fluoride- potassium nitrate paste 1.1- 5%) FLUORIDEX SENSITIVITY RELIEF/SLS FREE (sodium fluoride-potassium nitrate paste 1.1-5%)	Dental Caries Prophylaxis Dental Caries PRC	capsule, cephalexin 500 mg capsule sodium fluoride- potassium nitrate gel sodium fluoride- potassium nitrate gel	

OCTREOTIDE ACETATE			
	Acromegaly,	Generic Sandostatin -	
(octreotide acetate	Carcinoid	octreotide acetate	
subcutaneous soln pref syr	Syndrome	injection	
50 mcg/ml, 100 mcg/ml, 500			
mcg/ml)			
SUMATRIPTAN	Migraine	sumatriptan injection	
SUCCINATE REFILL	3	, , , , , , , , , , , , , , , , , , , ,	
(sumatriptan succinate			
solution cartridge 4 mg/0.5			
ml, 6 mg/0.5 ml)			
TRANDOLAPRIL/VERAPAM	Hypertension	trandolapril tablets,	
IL HCL ER (trandolapril-	Tryportorioi	verapamil ER tablets	
verapamil hcl tab er 2-240		Vorapariii Er (asioto	
mg)			
TRIMETHOPRIM	Urinary Tract	Please talk to your doctor	or pharmacist about other
	Infection	medication(s) available for	
(trimethoprim tab 100 mg)	mection	Theulcation(s) available for	your condition.
	Delement Do	un Lint Daviniana	
LIVERGOODCATE		ug List Revisions	
HYDROCODONE	Pain		or pharmacist about other
BITARTRATE/ACETAMINO		medication(s) available for	your condition.
PHEN (hydrocodone-			
acetaminophen soln 10-325			
mg/15 ml)			
TIMOLOL MALEATE (timolol	Hypertension,	propranolol, atenolol	
maleate tab 20 mg)	Migraine		
	Prophylaxis		
Health Insur	ance Marketplace	(HIM) Drug List Revisions	[IL PPO]
FLUORIDEX SENSITIVITY	Dental Caries	sodium fluoride-	
	Dontal Carlos	30didili lidolido	
RELIEF (sodium fluoride-	Prophylaxis	potassium nitrate gel	
RELIEF (sodium fluoride- potassium nitrate paste 1.1- 5%)			
potassium nitrate paste 1.1-5%)	Prophylaxis		
potassium nitrate paste 1.1-5%) LITHIUM CARBONATE		potassium nitrate gel	
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potassium nitrate paste 1.1-5%) LITHIUM CARBONATE (lithium carbonate cap 300 mg)	Prophylaxis Bipolar Disorder	potassium nitrate gel lithium carbonate tablets	or pharmacist about other
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potassium nitrate paste 1.1-5%) LITHIUM CARBONATE (lithium carbonate cap 300 mg) NEVIRAPINE (nevirapine susp 50 mg/5 ml) SUMATRIPTAN INJ (sumatriptan succinate	Prophylaxis Bipolar Disorder HIV	potassium nitrate gel lithium carbonate tablets Please talk to your doctor medication(s) available for	
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potassium nitrate paste 1.1-5%) LITHIUM CARBONATE (lithium carbonate cap 300 mg) NEVIRAPINE (nevirapine susp 50 mg/5 ml) SUMATRIPTAN INJ (sumatriptan succinate solution cartridge 4 mg/0.5 ml, 6 mg/0.5 ml) TIMOLOL MALEATE (timolol maleate tab 20 mg) TRANDOLAPRIL/VERAPAM IL HCL ER (trandolapril-verapamil hcl tab er 2-180 mg, 2-240 mg, 4-240 mg) TRIMETHOPRIM (trimethoprim tab 100 mg) VANDAZOLE	Bipolar Disorder HIV Migraine Hypertension, Migraine Prophylaxis Hypertension Urinary Tract Infection Bacterial	potassium nitrate gel lithium carbonate tablets Please talk to your doctor medication(s) available for sumatriptan injection propranolol, atenolol trandolapril tablets, verapamil ER tablets Please talk to your doctor medication(s) available for metronidazole vaginal	or pharmacist about other
potassium nitrate paste 1.1-5%) LITHIUM CARBONATE (lithium carbonate cap 300 mg) NEVIRAPINE (nevirapine susp 50 mg/5 ml) SUMATRIPTAN INJ (sumatriptan succinate solution cartridge 4 mg/0.5 ml, 6 mg/0.5 ml) TIMOLOL MALEATE (timolol maleate tab 20 mg) TRANDOLAPRIL/VERAPAM IL HCL ER (trandolapril-verapamil hcl tab er 2-180 mg, 2-240 mg, 4-240 mg) TRIMETHOPRIM (trimethoprim tab 100 mg)	Prophylaxis Bipolar Disorder HIV Migraine Hypertension, Migraine Prophylaxis Hypertension Urinary Tract Infection	potassium nitrate gel lithium carbonate tablets Please talk to your doctor medication(s) available for sumatriptan injection propranolol, atenolol trandolapril tablets, verapamil ER tablets Please talk to your doctor medication(s) available for	or pharmacist about other

Balanced, Perfe	ormance and Perfo	rmance Select Drug Lists Exclusions	
AFINITOR (everolimus tab	Cancer	There is a generic equivalent available. Please	e talk
		to your doctor or pharmacist about other	
10 mg/		medication(s) available for your condition.	
AFINITOR DISPERZ	Cancer	There is a generic equivalent available. Please	o tolk
	Caricei		e laik
(everolimus tab for oral susp		to your doctor or pharmacist about other	
2 mg, 3 mg, 5 mg)		medication(s) available for your condition.	
ATROPINE SULFATE	Cycloplegic	There is a generic equivalent available. Please	e talk
(atropine sulfate ophth soln	Refraction,	to your doctor or pharmacist about other	
1%)	Uveitis	medication(s) available for your condition.	
CARBAGLU (carglumic acid	Hyperammonem	There is a generic equivalent available. Pleas	e talk
tab 200 mg)	ia	to your doctor or pharmacist about other	
g/		medication(s) available for your condition.	
CUVPOSA (glycopyrrolate	Chronic Severe	There is a generic equivalent available. Please	a talk
oral soln 1 mg/5 ml)	Drooling	to your doctor or pharmacist about other	5 lain
oral solit i mg/5 mi)	Dibbiling		
0)(07454) = (medication(s) available for your condition.	
CYSTADANE (betaine	Homocystinuria	There is a generic equivalent available. Pleas	e talk
powder for oral solution)		to your doctor or pharmacist about other	
		medication(s) available for your condition.	
DUEXIS (ibuprofen-	Osteoarthritis,	ibuprofen 800 mg	
famotidine tab 800-26.6 mg)	Rheumatoid	tablets, famotidine 40	
9/	Arthritis	mg tablets	
GRANIX (tbo-filgrastim soln	Febrile	Please talk to your doctor or pharmacist about	t othor
			Oli iei
prefilled syringe 300 mcg/0.5	Neutropenia	medication(s) available for your condition.	
ml, 480 mcg/0.8 ml)			
GRANIX (tbo-filgrastim	Febrile	Please talk to your doctor or pharmacist about	t other
subcutaneous inj 300	Neutropenia	medication(s) available for your condition.	
mcg/ml)			
GRANIX (tbo-filgrastim	Febrile	Please talk to your doctor or pharmacist about	t other
subcutaneous inj 480	Neutropenia	medication(s) available for your condition.	
mcg/1.6 ml (300 mcg/ml))		, , , , , , , , , , , , , , , , , , , ,	
NARCAN (naloxone hcl	Opioid	There is a generic equivalent available. Please	a talk
nasal spray 4 mg/0.1 ml)	Overdose	to your doctor or pharmacist about other	o tain
masar spray 4 mg/0.1 mij	Overdose		
NEU AOTA / CL C	-	medication(s) available for your condition.	
NEULASTA (pegfilgrastim	Febrile	Please talk to your doctor or pharmacist about	t otner
soln prefilled syringe 6	Neutropenia	medication(s) available for your condition.	
mg/0.6 ml)			
NEULASTA ONPRO KIT	Febrile	Please talk to your doctor or pharmacist about	t othei
(pegfilgrastim soln prefilled	Neutropenia	medication(s) available for your condition.	
syringe kit 6 mg/0.6 ml)	·	•	
NEUPOGEN (filgrastim inj	Febrile	Please talk to your doctor or pharmacist about	t other
300 mcg/ml)	Neutropenia	medication(s) available for your condition.	. 0.1101
NEUPOGEN (filgrastim inj	Febrile	Please talk to your doctor or pharmacist about	totho
			ourer
480 mcg/1.6 ml (300	Neutropenia	medication(s) available for your condition.	
mcg/ml))			
NEUPOGEN (filgrastim soln	Febrile	Please talk to your doctor or pharmacist about	t othe
prefilled syringe 300 mcg/0.5	Neutropenia	medication(s) available for your condition.	
ml)			
NEUPOGEN (filgrastim soln	Febrile	Please talk to your doctor or pharmacist about	tothe
prefilled syringe 480 mcg/0.8	Neutropenia	medication(s) available for your condition.	
ml (600 mcg/ml)	- 15 all openia		
NYVEPRIA (pegfilgrastim-	Febrile	Please talk to your doctor or pharmacist about	totha
			oure
apgf soln prefilled syringe 6	Neutropenia	medication(s) available for your condition.	
mg/0.6 ml)	I		

QUDEXY XR (topiramate	Migraine	There is a generic equival	lant available Please talk
cap er 24hr sprinkle 25 mg,	Prevention,	to your doctor or pharmac	
50 mg, 100 mg, 150 mg, 200	Epilepsy	medication(s) available for	
	Epilepsy	Thedication(s) available to	your condition.
mg) SELZENTRY (maraviroc tab	HIV	There is a generic equival	lant available Plaase talk
150 mg, 300 mg)	1111	to your doctor or pharmac	
150 mg, 500 mg)		medication(s) available for	
UDENYCA (pegfilgrastim-	Febrile		or pharmacist about other
cbqv soln prefilled syringe 6	Neutropenia	medication(s) available for	
mg/0.6 ml)	Neutropenia	Thedication(s) available to	your condition.
mg/o.omi)			
Performar	nce and Performan	nce Select Drug Lists Excl	usions
ergotamine w/caffeine tab 1-	Headache		or pharmacist about other
100 mg	Troductio	medication(s) available for	
prednisolone sod phosphate	Inflammatory	prednisolone sod	
oral soln 10 mg/5 ml, 20	Conditions	phosphate oral soln 6.7	
mg/5 ml (base equivalent)	Conditions	mg/5 ml, prednisolone	
ing, o in (sase equivalent)		sod phosphate oral soln	
		15 mg/5 ml,	
		prednisolone sod	
		phosphate oral soln 25	
		mg/5 ml	
		g, =	
Balance	d and Performanc	e Select Drug Lists Exclus	sions
EPIDUO FORTE	Acne	There is a generic equival	
(adapalene-benzoyl		to your doctor or pharmac	
peroxide gel 0.3-2.5%)		medication(s) available for	
RESTASIS MULTIDOSE	Dry Eye	(2)	Restasis single dose
(cyclosporine (ophth)			vials, Xiidra
emulsion 0.05%)			,
SYMJEPI (epinephrine soln	Anaphylaxis,	epinephrine (generic	
prefilled syringe 0.15 mg/0.3	Severe	EpiPen), Auvi-Q	
ml (1:2000), 0.3 mg/0.3 ml	Hypersensitivity	. ,	
(1:1000))	Reactions		
		g List Exclusions	
CLODERM (clocortolone	Skin conditions	There is a generic equival	
pivalate cream 0.1%)		to your doctor or pharmac	
	_	medication(s) available for	
PAXIL (paroxetine hcl oral	Depression,	There is a generic equival	
susp 10 mg/5 ml (base	Mood Disorders	to your doctor or pharmac	
equivalent))		medication(s) available for	r your condition.
12 24 1		(IIIII) D 11 (D. 11	TIL DDOI
		(HIM) Drug List Revisions	
AFINITOR (everolimus tab	Cancer	There is a generic equival	
10 mg)		to your doctor or pharmac	
AFINITOD DIODEDZ	0	medication(s) available for	
AFINITOR DISPERZ	Cancer	There is a generic equival	
(everolimus tab for oral susp		to your doctor or pharmac	
2 mg, 3 mg, 5 mg)	O dealers	medication(s) available for	
ATROPINE SULFATE	Cycloplegic	There is a generic equival	
LIGITODING CUITATA ONDTO COIN			
(atropine sulfate ophth soln 1%)	Refraction, Uveitis	to your doctor or pharmac medication(s) available for	

CARBAGLU (carglumic acid tab 200 mg)	Hyperammonem ia	There is a generic equival to your doctor or pharmac medication(s) available for	ist about other
CUVPOSA (glycopyrrolate oral soln 1 mg/5 ml)	Chronic Severe Drooling	There is a generic equival to your doctor or pharmac medication(s) available for	ent available. Please talk ist about other
CYSTADANE (betaine powder for oral solution)	Homocystinuria	There is a generic equival to your doctor or pharmac medication(s) available for	ist about other
DUREZOL (difluprednate emulsion 0.05%)	Uveitis	There is a generic equival to your doctor or pharmac medication(s) available for	ist about other
NARCAN (naloxone hcl nasal spray 4 mg/0.1 ml)	Opioid Overdose	There is a generic equival to your doctor or pharmac medication(s) available for	ist about other
NYVEPRIA (pegfilgrastim- apgf soln prefilled syringe 6 mg/0.6 ml)	Febrile Neutropenia		Ziextenzo, Fulphila
QUDEXY XR (topiramate cap er 24hr sprinkle 25 mg, 50 mg, 100 mg, 150 mg, 200 mg)	Migraine Prevention, Epilepsy	topiramate tablets	
SELZENTRY (maraviroc tab 150 mg, 300 mg)	HIV	There is a generic equivalent available. Please talk to your doctor or pharmacist about other medication(s) available for your condition.	
SUTENT (sunitinib malate cap 12.5 mg, 25 mg, 37.5 mg, 50 mg (base equivalent))	Cancer	There is a generic equivalent available. Please talk to your doctor or pharmacist about other medication(s) available for your condition.	
UDENYCA (pegfilgrastim- cbqv soln prefilled syringe 6 mg/0.6 ml)	Febrile Neutropenia		Ziextenzo, Fulphila

DISPENSING LIMIT CHANGES

The BCBSIL prescription drug benefit program includes coverage limits on certain medications and drug categories. Dispensing limits are based on U.S. Food and Drug Administration (FDA) approved dosage regimens and product labeling. Changes by drug list are listed on the charts below.

Please note: The dispensing limits listed below do not apply to BCBSIL members on the Basic Annual or Enhanced Annual Drug Lists. Dispensing limits will be applied to these drug lists on or after Jan. 1, 2023. They also may not apply to BCBSIL HMO members on the 2021 or 2022 Health Insurance Marketplace (HIM) Drug Lists until on or after Jan. 1, 2023.

BCBSIL letters all members with a claim for a drug included in the Dispensing Limit Program, regardless of the prescribed dosage. This means members may receive a letter even though their prescribed dosage doesn't meet or exceed the dispensing limit.

Effective Jan. 17, 2022:

Drug Class and Medication(s) ¹	Dispensing Limit(s)	
Basic, Basic Annual, Enhanced, Enhanced Annual, 2021 Health Insurance Marketplace (HIM),		
2022 HIM, Balanced, Performance, Performance Annual and Performance Select Drug Lists		
Anti-COVID 19		

¹Third-party brand names are the property of their respective owner. ²This list is not all inclusive. Other medicines may be available in this drug class.

molnupiravir 200 mg capsule*	40 capsules per 30 days
Paxlovid 150 mg/100 mg tablet	30 tablets per 30 days
(nirmatrelvir/ritonavir)*	

¹Third-party brand names are the property of their respective owner. * Not all members may have been notified due to limited utilization.

Effective April 1, 2022:

Drug Class and Medication(s) ¹	Dispensing Limit(s)	
Basic, Basic Annual, Enhanced, Enhanced Annual, 2021 Health Insurance Marketplace (HIM), 2022 HIM, Balanced, Performance, Performance Annual and Performance Select Drug Lists		
re-SET		
RESET FOR IOS OR ANDROID APP*	1 per 365 days	
RESET-O FOR IOS OR ANDROID APP*	1 per 365 days	
2021 HIM, 2022 HIM, Balanced, Performance, Performance Annual and Performance Select Drug Lists		
Opzelura		
Opzelura 1.5% cream (ruxolitinib)*	60 grams per 30 days	
Tavneos		
Tavneos 1 mg capsule (avacopan)*	180 capsules per 30 days	
Tyrvaya		
Tyrvaya (varenicline) 0.03 mg/actuation spray*	2 bottles per 30 days	

¹Third-party brand names are the property of their respective owner. * Not all members may have been notified due to limited utilization.

Effective June 1, 2022:

Drug Class and Medication(s) ¹	Dispensing Limit(s)	
Basic, Basic Annual, Enhanced, Enhanced Annual, 2021 Health Insurance Marketplace (HIM), 2022 HIM, Balanced, Performance, Performance Annual and Performance Select Drug Lists		
Voxzogo		
Voxzogo (vosoritide)*	30 vials per 30 days	

¹Third-party brand names are the property of their respective owner. * Not all members may have been notified due to limited utilization.

Effective July 1, 2022:

Drug Class and Medication(s) ¹	Dispensing Limit(s)		
Basic, Enhanced, 2021 Health Insurance Marketplace (HIM), 2022 HIM, Balanced, Performance,			
Performance Annual and Performance Select Drug Lists			
Acute Migraine Agents			
Elyxyb (celecoxib)*	28.8 mL per 30 days		
Therapeutic Alternatives			
diclofenac potassium*	120 tablets per 30 days		
Rhofade (oxymetazoline hydrochloride)*	30 grams per 30 days		
Basic, Enhanced, Balanced, Performand	e, Performance Annual and Performance Select		
D	Drug Lists		
Antibiotics			
clarithromycin tablet ER	28 tablets per 180 days		
Iron Chelation			
Ferriprox 500 mg tablets (deferiprone)	540 tablets per 30 days		
Ferriprox 1000 mg tablets (deferiprone)	270 tablets per 30 days		

E 1 1 1 1000 1111		
Ferriprox twice-a-day 1000 mg tablets	270 tablets per 30 days	
(deferiprone)		
Ferriprox 100 mg/mL oral solution (deferiprone)	2700 mL per 30 days	
Miscellaneous		
Prednisolone 10 mg per 5 mL solution	900 mL per 30 days	
prednisolone 20 mg per 5 mL solution	450 mL per 30 days	
Therapeutic Alternatives		
Alinia (nitazoxanide) suspension	150 mL per 30 days**	
Edarbi (azilsartan medoxomil)*	30 tablets per 30 days	
Edarbyclor (azilsartan medoxomil-chlorthalidone)*	30 tablets per 30 days	
Soolantra (ivermectin) Cream*	45 grams per 30 days	
Basic and Enhanced Drug Lists		
Opzelura		
Opzelura 1.5% cream (ruxolitinib)	60 grams per 30 days	
Tavneos		
Tavneos 1 mg capsule (avacopan)	180 capsules per 30 days	
Tyrvaya		
Tyrvaya (varenicline) 0.03 mg/actuation spray	2 bottles per 30 days	
2021 HIM, 2022 HIM, Balanced, Performance, Performance Annual and Performance Select		
Drug	Lists	
Vuity		
Vuity (pilocarpine HCL) ophthalmic solution*	2.5 mL per 30 days	

¹Third-party brand names are the property of their respective owner.

UTILIZATION MANAGEMENT PROGRAM CHANGES

- Effective June 1, 2022, the new Voxzogo Specialty PA program will be added to all standard pharmacy benefit plans on the Basic, Basic Annual, Enhanced, Enhanced Annual, 2021 Health Insurance Marketplace (HIM), 2022 HIM, Balanced, Performance, Performance Annual and Performance Select Drug Lists. This program includes the newly FDA-approved target drug Voxzogo. Members will need a prior authorization approval for coverage consideration.
- Effective July 1, 2022, the following changes will be applied:
 - The target drug Elyxyb (celecoxib) will be added to the Acute Migraine Agents PA program. This change applies to the 2021 HIM, 2022 HIM, Balanced, Performance, Performance Annual and Performance Select Drug Lists.*
 - The target drug testosterone enanthate will be added to the Androgens and Anabolic Steroids PA program. This change applies to the Basic, Enhanced, Balanced, Performance, Performance Annual and Performance Select Drug Lists.*
 - The target drug Rhofade (oxymetazoline hydrochloride) will be added to the Therapeutic Alternatives PA program. This change applies to the 2021 HIM, 2022 HIM, Balanced, Performance, Performance Annual and Performance Select Drug Lists.*
 - The target drug diclofenac potassium will be added to the Therapeutic Alternatives PA program. This change applies to the 2021 HIM, 2022 HIM, Performance, Performance Annual and Performance Select Drug Lists.*
 - The Colony Stimulating Factors Specialty ST program and target drugs –
 Granix (tbo-filgrastim), Neulasta (pegfilgrastim), Neupogen (filgrastim), Nyvepria (pegfilgrastim-apgf), Releuko (filgrastim-ayow) and Udenyca (pegfilgrastim-cbqv) will be

^{*} Not all members may have been notified due to limited utilization.

^{**} The correct dispensing limit for Alinia (nitazoxanide) suspension is 150 mL per 30 days. The 7/1 dispensing limit letter incorrectly listed the dispensing limit as 180 mL per 30 days.

added to the Basic, Basic Annual, Enhanced and Enhanced Annual Drug Lists. Members will not be notified of this change because auto – continuation of therapy (or auto – grandfathering) for all target drugs is in place.

PA Required for Select Testosterone Medication

Starting July 1, 2022, members filling generic intramuscular (IM) testosterone cypionate will be stopped at point-of-sale if they have a pharmacy claim for a commonly used appearance and performance enhancing drug (APED) within the past 90 days. Their provider will need to submit a PA request to Prime Therapeutics for coverage consideration.

Learn more:

- This change applies to members with the Androgens and Anabolic Steroids PA program.
- The following medications are viewed as APED
 - o Aromatase Inhibitor: Anastrozole, Letrozole, Exemestane
 - o Selective Estrogen Receptor Medication (SERM): Ospemifene, Raloxifene
 - Tamoxifen
 - o Toremifene
- BCBSIL has identified significant fraud, waste and abuse from providers prescribing the above medications in combination with testosterone for off-label use in athlete and non-athlete bodybuilders.
- A review will be required to assess clinical appropriateness of the combined medications.

Member notices: Based on claims for an APED medication as noted above plus a testosterone medication as listed below, letters were mailed to affected members starting late April 2022.

Drug Category	Sample Drugs [*]
Androgens and Anabolic Steroids	testosterone cypionate im inj in oil 100 mg/ml,
	testosterone cypionate im inj in oil 200 mg/ml

^{*}Third-party brand names are the property of their respective owner.

Please call the number on the member's ID card to verify coverage, or for further assistance or clarification on your patient's benefits.

Members were notified about the PA standard program changes listed in the tables below.

Drug categories added to current pharmacy PA standard programs, effective July 1, 2022:

Drug Category	Targeted Medication(s) ¹	
Basic, Enhanced, Balanced, Performance, Performance Annual and Performance Select Drug Lists		
Iron Chelation (name change from Deferasirox)	Ferriprox 500 mg tablets (deferiprone)*, Ferriprox 1000 mg tablets (deferiprone)*, Ferriprox twice-a-day 1000 mg tablets (deferiprone)*, Ferriprox 100 mg/mL oral solution (deferiprone)*	
Basic and Enhanced Drug Lists		
Cholestasis Pruritus	Bylvay 200 mcg (odevixibat)*, Bylvay 400 mcg (odevixibat)*, Bylvay 600 mcg (odevixibat)*, Bylvay 1200 mcg (odevixibat)*, Livmarli 9.5 mg/mL (maralixibat)*	
Opzelura	Opzelura 1.5% cream (ruxolitinib)*	
Tavneos	Tavneos 1 mg capsule (avacopan)*	

Tyrvaya	Tyrvaya (varenicline)*
Balanced and Performance Select Drug Lists	
Combination NSAID**	Consensi (amlodipine/celecoxib), Duexis (ibuprofen/famotidine), Vimovo (naproxen/esomeprazole), Yosprala (aspirin/omeprazole)

¹Third-party brand names are the property of their respective owner.

Targeted drugs added to current pharmacy PA standard programs, effective July 1, 2022:

Drug Category	Targeted Medication(s) ¹	
Basic, Enhanced and Balanced Drug Lists		
Therapeutic Alternatives	diclofenac potassium	
Basic and Enhanced Drug Lists		
Acute Migraine Agents	Elyxyb (celecoxib)	
Therapeutic Alternatives	Rhofade (oxymetazoline hydrochloride)	

¹Third-party brand names are the property of their respective owner.

Per our usual process of member notification prior to implementation, targeted mailings were sent to members affected by drug list revisions and/or exclusions, dispensing limit and prior authorization program changes. For the most up-to-date drug list and list of drug dispensing limits, visit the Pharmacy Program section of our Provider website.

If your patients have any questions about their pharmacy benefits, please advise them to contact the number on their member ID card. Members may also visit bcbsil.com and log in to Blue Access for MembersSM (BAMSM) or MyPrime.com for a variety of online resources.

Change in Benefit Coverage for Select High Cost Products

Several high cost products with available lower cost alternatives will be excluded on the pharmacy benefit for select drug lists. This change impacts BCBSIL members who have prescription drug benefits administered by Prime Therapeutics. This change is part of an ongoing effort to make sure our members and employer groups have access to safe, cost-effective medications.

Based on claims data, members were notified about the following changes to be effective July 1, 2022. Please talk to your patient about other products that may be available.

Please call the number on the member's ID card to verify coverage, or for further assistance or clarification on your patient's benefits.

^{*} Not all members may have been notified due to limited utilization.
** This PA program already applies to the Basic, Basic Annual, Enhanced, Enhanced Annual, 2021 Health Insurance Marketplace (HIM) and 2022 HIM Drug Lists.

Product(s) No Longer Covered ^{1*}	Condition Used For	Covered Alternative(s) ^{1,2}
PREGEN DHA CAP	PREGNANCY [†]	PRENATAL 19, VINATE M, PRENATAL+FE TAB 29-1, TRINATE, SE-NATAL 19

¹ All brand names are the property of their respective owners.

Other high cost products that either are new to market or have therapeutic equivalents available have also been excluded. Please note: Members were not notified of these changes because there is no utilization or the pharmacist can easily fill a member's prescription with the equivalent without needing a new prescription from the doctor. The following drugs are excluded on select drug lists:

Product(s) No Longer Covered ^{1*}	Condition Used For	Covered Alternative(s) ^{1,2}
DEXILANT CAP 30 MG and 60 MG DR	ACID REFLUX	DEXILANT
DIPHENHYDRAMINE ELIXIR 12.5 MG/5 ML	ALLERGIES	OTHER MANUFACTURERS
GLYCATE TAB 1.5 MG	PEPTIC ULCER DISEASE	OTHER MANUFACTURERS
GLYCOPYRROLATE TAB 1.5 MG	PEPTIC ULCER DISEASE	OTHER MANUFACTURERS
MULTI-MAC TAB	PREGNANCY [†]	PRENATAL 19, VINATE M, PRENATAL+FE TAB 29-1, TRINATE, SE-NATAL 19
ORPHENADRINE W/ ASPIRIN & CAFFEINE TAB 25-385-30 MG	MUSCLE PAIN	CYCLOBENZAPRINE, ORPHENADRINE

¹ All brand names are the property of their respective owners

Prime Therapeutics LLC is a pharmacy benefit management company. BCBSIL contracts with Prime to provide pharmacy benefit management and related other services. BCBSIL, as well as several independent Blue Cross and Blue Shield Plans, has an ownership interest in Prime. MyPrime.com is an online resource offered by Prime Therapeutics.

The information mentioned here is for informational purposes only and is not a substitute for the independent medical judgment of a physician. Physicians are to exercise their own medical judgment. Pharmacy benefits and limits are subject to the terms set forth in the member's certificate of coverage which may vary from the limits set forth above The listing of any particular drug or classification of drugs is not a guarantee of benefits. Members should refer to their certificate of coverage for more details, including benefits, limitations and exclusions. Regardless of benefits, the final decision about any medication is between the member and their health care provider

² This list is not all-inclusive. Other products may be available.

* This chart applies to members on the Basic, Basic Annual, Multi-Tier Basic, Multi-Tier Basic Annual, Enhanced, Enhanced Annual, Multi-Tier Enhanced and Multi-Tier Basic, Multi-Enhanced Annual Drug Lists.

[†] The prenatal products also apply to members on the Balanced, Performance, Performance Annual and Performance Select Drug Lists.

² This list is not all-inclusive. Other products may be available.

* This chart applies to members on the Basic, Basic Annual, Multi-Tier Basic, Multi-Tier Basic Annual, Enhanced, Enhanced Annual, Multi-Tier Enhanced and Multi-Tier Basic, Multi-Enhanced Annual Drug Lists.

[†] The prenatal products also apply to members on the Balanced, Performance, Performance Annual and Performance Select Drug Lists.

Pharmacy Program Updates: Quarterly Pharmacy Changes Effective July 1, 2022 – Part 2

July 19, 2022

IMPORTANT PHARMACY BENEFIT REMINDERS

Jan. 1, 2022 is the start of a new year and renewed or new health insurance benefits for most Blue Cross and Blue Shield of Illinois (BCBSIL) members. As you see your patients, please consider the following reminders:

- Members' benefits may be based on a new drug list when their plans renew in 2022.
- Discuss your patients' benefits during an office visit or confirm their benefits by calling the number on their ID cards.
- Review the prescription drug list before prescribing medications.
- If your patients need a coverage exception or prior authorization request in order to take a medicine that may be excluded from coverage or included in a utilization management program, please visit the Prior Authorization/Step Therapy Programs section of our provider website at bcbsil.com/provider for the form and more information.

Treatment decisions are *always* between you and your patients. Coverage is subject to the terms and limits of your patients' benefit plans. Please advise them to review their benefit materials for details.

DRUG LIST CHANGES

Based on the availability of new prescription medications and Prime's National Pharmacy and Therapeutics Committee's review of changes in the pharmaceuticals market, some additions (new to coverage) and/or some coverage tier changes (drugs moved to a lower out-of-pocket payment level) will be made to the BCBSIL drug lists.

Please note: Revisions (drugs still covered but moved to a higher out-of-pocket payment level) and/or exclusions (drugs no longer covered) were included in the <u>July Quarterly Pharmacy Changes Part 1 article</u>. Your patient(s) may ask you about therapeutic or lower cost alternatives if their medication is affected by one of these changes.

Changes effective Dec. 26, 2021 – July 1, 2022 are outlined below.

Drug List Coverage Additions - As of Dec. 26, 2021

Drug ¹	Drug Class/Condition Used For	
Balanced, Performance, Performance Annual and Performance Select Drug Lists		
MOLNUPIRAVIR (molnupiravir cap 200 mg)	Covid-19 treatment	

¹Third-party brand names are the property of their respective owner.

Drug List Coverage Additions – As of Jan. 2, 2022

Drug ¹	Drug Class/Condition Used For	
Balanced, Performance, Performance Annual and Performance Select Drug Lists		
PAXLOVID (nirmatrelvir tab 20 x 150 mg & ritonavir tab	Covid-19 treatment	
10 x 100 mg pak)		

¹Third-party brand names are the property of their respective owner.

Drug List Coverage Additions – As of Jan. 9, 2022

Drug ¹	Drug Class/Condition Used For	
Balanced, Performance, Performance Annual and Performance Select Drug Lists		
glycopyrrolate oral soln 1 mg/5 ml (generic for CUVPOSA)	Chronic Severe Drooling	
naloxone hcl nasal spray 4 mg/0.1 ml (generic for NARCAN)	Opioid overdose	
Balanced Drug List		
NIACOR (niacin (antihyperlipidemic) tab 500 mg)	Dyslipidemias	

¹Third-party brand names are the property of their respective owner.

Drug List Coverage Additions – As of Jan. 15, 2022

Drug ¹	Drug Class/Condition Used For	
Balanced, Performance, Performance Annual and Performance Select Drug Lists		
BINAXNOW COVID-19 AG CARD HOME TEST (covid-	Covid-19 test	
19 at home antigen test kit)		
COVID AT HOME TEST KIT (covid-19 at home antigen	Covid-19 test	
test kit)		
ELLUME COVID-19 HOME TEST (covid-19 at home	Covid-19 test	
antigen test kit)		
FLOWFLEX COVID-19 ANTIGEN HOME TEST (covid-	Covid-19 test	
19 at home antigen test kit)		
INTELISWAB COVID-19 RAPID TEST (covid-19 at home	Covid-19 test	
antigen test kit)		
ON/GO COVID-19 ANTIGEN SELF-TEST (covid-19 at	Covid-19 test	
home antigen test kit)		
QUICKVUE AT-HOME COVID-19 TEST (covid-19 at	Covid-19 test	
home antigen test kit)		

 $^{^{1}}Third\text{-}party\ brand\ names\ are\ the\ property\ of\ their\ respective\ owner.$

Drug List Coverage Additions – As of Jan. 23, 2022

Drug ¹	Drug Class/Condition Used For	
Balanced, Performance, Performance Annual and Performance Select Drug List		
RINVOQ (upadacitinib tab er 24hr 30 mg)	Atopic Dermatitis, Psoriatic Arthritis,	
	Rheumatoid Arthritis	

¹Third-party brand names are the property of their respective owner.

Drug List Coverage Additions – As of Jan. 24, 2022

Drug ¹	Drug Class/Condition Used For	
Balanced, Performance, Performance Annual and Performance Select Drug Lists		
RIASTAP (fibrinogen conc (human) inj approximately 1 gm (900-1300 mg))	Fibrinogen Deficiency	

¹Third-party brand names are the property of their respective owner.

Drug List Coverage Additions - As of Jan. 28, 2022

Drug ¹	Drug Class/Condition Used For	
Balanced, Performance, Performance Annual and Performance Select Drug Lists		
PREVNAR 20 (pneumococcal 20-valent conjugate	Pneumococcal vaccine	
vaccine sus pref syr 0.5 ml)		
VAXNEUVANCE (pneumococcal 15-valent conjugate	Pneumococcal vaccine	
vaccine sus pref syr 0.5 ml)		

¹Third-party brand names are the property of their respective owner.

Drug List Coverage Additions – As of Jan. 30, 2022

Drug ¹	Drug Class/Condition Used For		
Balanced, Performance, Performance Annual and Performance Select Drug Lists			
CLINITEST RAPID COVID-19 ANTIGEN SELF-TEST	Covid-19 test		
(covid-19 at home antigen test kit)			
COVID-19 AT-HOME TEST KIT (covid-19 at home	Covid-19 test		
antigen test kit)			
IHEALTH COVID-19 ANTIGEN RAPID TEST (covid-19	Covid-19 test		
at home antigen test kit)			
Balanced Drug List			
WESCAP-C DHA (prenatal w/fe fum-fe poly -fa-omega 3	Prenatal Vitamin		
cap 53.5-38-1 mg)			
WESCAP-PN DHA (prenat w/o a w/fefum-methfol-fa-dha	Prenatal Vitamin		
cap 27-0.6-0.4-300 mg)			
WESNATE DHA (prenatal vit w/ fe fum-fa-omega 3 cap	Prenatal Vitamin		
28-1-200 mg)			

¹Third-party brand names are the property of their respective owner.

Drug List Coverage Additions – As of Feb. 6, 2022

Drug ¹	Drug Class/Condition Used For		
Balanced, Performance, Performance Annual and Performance Select Drug Lists			
TALZENNA (talazoparib tosylate cap 0.5 mg, 0.75 mg	Cancer		
(base equivalent))			
Balanced Drug List			
BRIMONIDINE TARTRATE/TIMOLOL MALEATE	Glaucoma, Ocular Hypertension		
(brimonidine tartrate-timolol maleate ophth soln 0.2-			
0.5%) (generic of COMBIGAN)			

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Drug List Coverage Additions – As of Feb. 13, 2022

Drug ¹	Drug Class/Condition Used For	
Balanced, Performance, Performance Annual and Performance Select Drug Lists		
betaine powder for oral solution (generic for	Homocystinuria	
CYSTADANE)		
maraviroc tab 150 mg, 300 mg (generic for SELZENTRY)	HIV	
NUWIQ (antihemophil fact rcmb(bdd-rfviii,sim) for inj kit	Hemophilia A	
1500 unit)	·	
QUADRACEL (diph-tetanus-acell pert-polio, ipv vacc	Diphtheria, tetanus, pertussis, and	
susp pref syr 0.5 ml)	poliovirus vaccine	

Drug List Coverage Additions – As of Feb. 20, 2022

Drug ¹	Drug Class/Condition Used For	
Balanced, Performance, Performance Annual and Performance Select Drug Lists		
CLEARDETECT COVID-19 ANTIGEN HOME TEST Covid-19 test		
(covid-19 at home antigen test kit)		
deferiprone tab 1000 mg (generic for FERRIPROX)	Transfusional Iron Overload	
digoxin tab 62.5 mcg (0.0625 mg) (generic for LANOXIN)	Atrial Fibrillation, Heart Failure	

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Drug List Coverage Additions – As of April 1, 2022

Drug ¹	Drug Class/Condition Used For	
Basic, Basic Annual, Multi-Tier Basic, Multi-Tier Basic Annual, Enhanced, Enhanced Annual,		
Multi-Tier Enhanced and Multi-Tier Enhanced Annual Drug Lists		
EPCLUSA (sofosbuvir-velpatasvir pellet pack 150-37.5	Hepatitis C	
mg)		
EPCLUSA (sofosbuvir-velpatasvir pellet pack 200-50 mg)	Hepatitis C	
MAVYRET (glecaprevir-pibrentasvir pellet pack 50-20	Hepatitis C	
mg)		
NUWIQ (antihemophilic fact rcmb (bdd-rfviii,sim) for inj	Hemophilia	
1500 unit)		
NUWIQ (antihemophil fact rcmb(bdd-rfviii,sim) for inj kit	Hemophilia	
1500 unit)		
RINVOQ (upadacitinib tab er 24hr 30 mg)	Atopic dermatitis, Psoriatic arthritis,	
	Rheumatoid arthritis	
TAKHZYRO (lanadelumab-flyo soln pref syringe 300	HAE	
mg/2ml (150 mg/ml))		
TALZENNA (talazoparib tosylate cap 0.5 mg, 0.75 mg	Cancer	
(base equivalent))		
XARELTO (rivaroxaban for susp 1 mg/ml)	Anticoagulant	
Balanced, Performance, Performance Annual a		
EPCLUSA (sofosbuvir-velpatasvir pellet pack 150-37.5	Hepatitis C	
mg)		
EPCLUSA (sofosbuvir-velpatasvir pellet pack 200-50 mg)	Hepatitis C	
MAVYRET (glecaprevir-pibrentasvir pellet pack 50-20	Hepatitis C	
mg)		
XARELTO (rivaroxaban for susp 1 mg/ml)	Atrial Fibrillation, Coronary Artery Disease,	
	Anticoagulation, Peripheral Artery Disease,	
	Thromboprophylaxis, DVT, PE	

¹Third-party brand names are the property of their respective owner.

Drug List Coverage Additions – As of June 1, 2022

Drug ¹	Drug Class/Condition Used For	
Balanced, Performance, Performance Annual and Performance Select Drug Lists		
SKYTROFA (lonapegsomatropin-tcgd for subcutaneous	Growth Hormone Deficiency	
inj cartridge 3 mg, 3.6 mg, 4.3 mg, 5.2 mg, 6.3 mg, 7.6	·	
mg, 9.1 mg, 11 mg, 13.3 mg)		

¹Third-party brand names are the property of their respective owner.

Drug List Coverage Additions – As of July 1, 2022

Drug ¹	Drug Class/Condition Used For		
Basic, Basic Annual, Multi-Tier Basic, Multi-Tier Basi			
Multi-Tier Enhanced and Multi-Tier Enh			
LENVIMA 4 MG DAILY DOSE (lenvatinib cap therapy	Cancer		
pack 4 mg (4 mg daily dose))	Cancer		
LENVIMA 8 MG DAILY DOSE (lenvatinib cap therapy	Cancer		
	Cancer		
pack 2 x 4 mg (8 mg daily dose)) LENVIMA 10 MG DAILY DOSE (lenvatinib cap therapy	Cancer		
	Cancer		
pack 10 mg (10 mg daily dose)) LENVIMA 12 MG DAILY DOSE (lenvatinib cap therapy	Cancer		
pack 3 x 4 mg (12 mg daily dose))	Cancer		
LENVIMA 14 MG DAILY DOSE (lenvatinib cap therapy	Cancer		
` ' '	Cancer		
pack 10 & 4 mg (14 mg daily dose)) LENVIMA 18 MG DAILY DOSE (lenvatinib cap therapy	Cancer		
	Cancel		
pack 10 mg & 2 x 4 mg (18 mg daily dose))	Concor		
LENVIMA 20 MG DAILY DOSE (lenvatinib cap therapy	Cancer		
pack 2 x 10 mg (20 mg daily dose)) LENVIMA 24 MG DAILY DOSE (lenvatinib cap therapy	Cancer		
	Cancer		
pack 2 x 10 mg & 4 mg (24 mg daily dose))	Fibromyolaio		
SAVELLA (milnacipran hcl tab 12.5 mg, 25 mg, 50 mg,	Fibromyalgia		
100 mg) SAVELLA TITRATION PACK (milnacipran hcl tab 12.5	Fibromyalgia		
mg (5) & 25 mg (8) & 50 mg (42) pak)	Fibroffiyalgia		
111g (5) & 25 111g (6) & 50 111g (42) pak)			
Balanced, Performance, Performance Annual a	nd Dorformanae Coloct Drug Liete		
BESREMI (ropeginterferon alfa-2b-njft soln prefilled syr	Polycythemia Vera		
500 mcg/ml)	Doct transplant Cytamogalavirus Infaction		
LIVTENCITY (maribavir tab 200 mg)	Post-transplant Cytomegalovirus Infection Sickle Cell Disease		
OXBRYTA (voxelotor tab for oral susp 300 mg)			
SCEMBLIX (asciminib hcl tab 20 mg, 40 mg)	Chronic Myeloid Leukemia		
VOXZOGO (vosoritide for subcutaneous inj 0.4 mg, 0.56	Achondroplasia		
mg, 1.2 mg)			
Balanced and Performance S	select Drug Lists		
AUVI-Q (epinephrine solution auto-injector 0.1 mg/0.1 ml)	Anaphylaxis, Severe Hypersensitivity		
	Reactions		
AUVI-Q (epinephrine solution auto-injector 0.15 mg/0.15	Anaphylaxis, Severe Hypersensitivity		
ml (1:1000))	Reactions		
AUVI-Q (epinephrine solution auto-injector 0.3 mg/0.3 ml	Anaphylaxis, Severe Hypersensitivity		
(1:1000))	Reactions		
ELYXYB (celecoxib oral soln 120 mg/4.8 ml (25 mg/ml))	Migraine		
TRUDHESA (dihydroergotamine mesylate hfa nasal	Migraine		
aerosol 0.725 mg/act)	9		
Balanced Drug List			
VUITY (pilocarpine hcl ophth soln 1.25%)	Presbyopia (age-related farsightedness)		
Territ (photoarphile flor ophili solit 1.2070)	1. 1000) opia (ago roiatou iardigittourioss)		
Performance Select D	Orug List		
SAVELLA (milnacipran hcl tab 12.5 mg, 25 mg, 50 mg,	Fibromyalgia		
100 mg)			
SAVELLA TITRATION PACK (milnacipran hcl tab 12.5	Fibromyalgia		
mg (5) & 25 mg (8) & 50 mg (42) pak)	,,		
¹ Third-party brand names are the property of their respective owner.			

¹Third-party brand names are the property of their respective owner.

Changes effective Dec. 19, 2021 - July 1, 2022 are outlined below.

Drug List Updates (Coverage Tier Changes) - As of Dec. 19, 2021

Drug ¹	New Lower Tier	Drug Class/Condition Used For	
Balanced, Performance, Performance Annual and Performance Select Drug Lists			
selegiline hcl tab 5 mg	Non-Preferred Generic	Parkinson Disease	
Balanced Drug List			
clocortolone pivalate cream 0.1%	Non-Preferred Generic	Skin Conditions	
(generic for CLODERM)			

¹Third-party brand names are the property of their respective owner.

Drug List Updates (Coverage Tier Changes) – As of Dec. 26, 2021

Drug ¹	New Lower Tier	Drug Class/Condition Used For	
Balanced, Performance, Performance Annual and Performance Select Drug Lists			
quinidine sulfate tab 200 mg, 300 mg	Non-Preferred Generic	Arrhythmia	
sulfadiazine tab 500 mg	Non-Preferred Generic	Infections	

¹Third-party brand names are the property of their respective owner.

Drug List Updates (Coverage Tier Changes) - As of March 1, 2022

Drug ¹	New Lower Tier	Drug Class/Condition Used For	
Balanced and Performance Select Drug Lists			
RESTASIS (cyclosporine (ophth)	Non-Preferred Generic	Dry Eye	
emulsion 0.05%)			

¹Third-party brand names are the property of their respective owner.

Drug List Updates (Coverage Tier Changes) - As of April 1, 2022

Drug ¹	New Lower Tier	Drug Class/Condition Used For	
Balanced, Performance and Performance Select Drug Lists			
VASCEPA (icosapent ethyl cap 1 gm) Non-Preferred Generic Severe Hypertriglyceridemia			

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Drug List Updates (Coverage Tier Changes) - As of July 1, 2022

Drug ¹	New Lower Tier	Drug Class/Condition Used For		
Balanced Drug List				
SAVELLA (milnacipran hcl tab 12.5 mg,	Preferred Brand	Fibromyalgia		
25 mg, 50 mg, 100 mg)				
SAVELLA TITRATION PACK	Preferred Brand	Fibromyalgia		
(milnacipran hcl tab 12.5 mg (5) & 25 mg				
(8) & 50 mg (42) pak)				

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UTILIZATION MANAGEMENT PROGRAM CHANGES

Target Drugs Removed from Current Prior Authorization (PA) Programs and Added to Different PA Programs

Effective July 1, 2022, the following changes will be applied:

- The target drug AirDuo Respiclick will be removed from the Multisource Brand PA program and added to the Therapeutic Alternatives PA program. The Multisource Brand PA program will retire as there are no other target drugs included in the program.
- The target drug Auvi-Q will be removed from the Therapeutic Alternatives PA program and added to the Supplemental Therapeutic Alternatives PA program.

PA Program Name Changes

Effective July 1, 2022, the following changes will be applied:

- The Parkinson's Disease Specialty PA program will change its name to Amantadine ER. The program includes the same targeted medication.
- The Deferasirox Specialty PA program will change its name to Iron Chelation and add a new target drug, Ferriprox.

New Programs Added to Select Drug Lists

Effective July 1, 2022, the following changes will be applied:

- The Cibinqo Specialty PA program and target drug Cibinqo will be added to the Basic, Basic Annual, Enhanced and Enhanced Annual Drug Lists.
- The Interleukin-13 (IL-13) Antagonist Specialty PA program and target drug Adbry will be added to the Basic, Basic Annual, Enhanced and Enhanced Annual Drug Lists.

For the most up-to-date drug list and list of drug dispensing limits, visit the Pharmacy Program section of our Provider website.

If your patients have any questions about their pharmacy benefits, please advise them to contact the number on their member ID card. Members may also visit *bcbsil.com* and log in to Blue Access for MembersSM (BAMSM) or MyPrime.com for a variety of online resources.

Split Fill Program Pharmacy Expansion

Starting July 1, 2022, members may use any in-network pharmacy, based on their benefits, that can dispense the medication.

Background:

The Split Fill Program was only applicable at select in-network specialty pharmacies, including specialty pharmacies participating in the BCBSIL Oral Oncology Network and Limited Distribution pharmacies.

Reminder:

BCBSIL offers its members and groups a Split Fill Program to reduce waste and help avoid costs of select specialty medications that may go unused. Members new to therapy (or have not had claims history within the past 120 days for the drug) are provided partial, or "split," prescription fills for up to three months.

The Split Fill Program applies to a specific list of drugs known to have early discontinuation or dose modification. You can view the current list of drugs and find more information on the Split Fill Program on our Provider website.

Please call the number on the member's ID card to verify coverage, or for further assistance or clarification on your patient's benefits.

Prime Therapeutics LLC is a pharmacy benefit management company. BCBSIL contracts with Prime to provide pharmacy benefit management and related other services. In addition, contracting pharmacies are contracted through Prime Therapeutics. The relationship between BCBSIL and contracting pharmacies is that of independent contractors. BCBSIL, as well as several independent Blue Cross and Blue Shield Plans, has an ownership interest in Prime. MyPrime.com is an online resource offered by Prime Therapeutics.

The information mentioned here is for informational purposes only and is not a substitute for the independent medical judgment of a physician. Physicians are to exercise their own medical judgment. Pharmacy benefits and limits are subject to the terms set forth in the member's certificate of coverage which may vary from the limits set forth above. The listing of any particular drug or classification of drugs is not a guarantee of benefits. Members should refer to their certificate of coverage for more details, including benefits, limitations and exclusions. Regardless of benefits, the final decision about any medication is between the member and their health care provider.

A Provider Publication

August 2022

Share Facts About Immunizations With Your Patients in August

During August, our Wellness Can't Wait campaign is spotlighting National Immunization Awareness Month. According to the American Academy of Pediatrics, immunizations are one of the greatest public health achievements, preventing tens of thousands of deaths and millions of cases of disease, while avoiding billions of dollars in costs. Immunizations are a safe, effective way to protect children and adults from disease, including some cancers, and avoid hospitalization, disability and death.¹

To support National Immunization Awareness Month, you can let your patients know:

- Immunization currently prevents between 2-3 million deaths every year.²
- Scientific studies and reviews continue to show no relationship between vaccines and autism.
- Most diseases prevented by immunizations are no longer common in the U.S. In fact, without immunizations, just a few cases could quickly turn into tens or hundreds of thousands.³

Resources to Boost Awareness

You may want to share this <u>video</u> from our vice president and chief medical officer, Derek Robinson, talking to parents about scheduling their child's next well visit and staying up to date on childhood immunizations through their teenage years.

Also see Dr. Robinson's *CMO Perspective* post from July 1, 2022 – <u>Pediatric Vaccines: A Call to Action to Help Protect Illinois Children and Teens</u>. In this post, Dr. Robinson shares information and resources from the Illinois Chapter of the American Academy of Pediatrics (ICAAP) to alert pediatricians and other providers about what they can do to help.

Free Immunizations and Vaccine Clinics in the Community

Through our Wellness Can't Wait campaign, Blue Cross and Blue Shield of Illinois is working with the provider community and local organizations to connect those in need with access to preventive care information and resources.

Our Care Van® program works with community, local and national partners to administer more than 10,000 immunizations at no cost every year across Illinois in Champaign-Urbana, Chicago, Edgar County, Madison County, Peoria and East St. Louis. To learn more about the program and pass the information on to your patients, visit the <u>Care Van</u> website.

We're also hosting a series of free family vaccination clinics at our Blue Door Neighborhood CenterSM (BDNCSM) locations. These clinics are organized by the Chicago Department of Public Health and offer COVID-19 vaccines for children 6 months and older. Your patients can call 773-253-0900 or check the calendars at BDNC at Morgan Park, BDNC at Pullman and BDNC at South Lawndale for details.

The above material is for informational purposes only and is not a substitute for the independent medical judgment of a physician or other health care provider. Physicians and other health care providers are encouraged to use their own medical judgment based upon all available information and the condition of the patient in determining the appropriate course of treatment. References to third party sources or organizations are not a representation, warranty or endorsement of such organizations. Any questions regarding those organizations should be addressed to them directly. The fact that a service or treatment is described in this material is not a guarantee that the service or treatment is a covered benefit and members should refer to their certificate of coverage for more details, including benefits, limitations and exclusions. Regardless of benefits, the final decision about any service or treatment is between the member and their health care provider.

bcbsil.com/provider

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¹American Academy of Pediatrics, Immunizations, July 2021, https://www.aap.org/en/patient-care/immunizations/

²World Health Organization, 10 facts on immunization, March 2018, https://www.who.int/mongolia/health-topics/vaccines/10-facts-on-immunization

³Centers for Disease Control and Prevention, Common Questions About Vaccines, May 2019. http://www.cdc.gov/vaccines/parents/parent-questions.html

A Provider Publication

August 2022

2022 Back to School Events at Our Blue Door Neighborhood CenterSM Locations

As "back to school" sales remind us of the end of summer, Blue Cross and Blue Shield of Illinois (BCBSIL) is working with the Chicago Department of Public Health on a series of free vaccination clinics for the whole family. Clinics will take place at all of our Blue Door Neighborhood Center (BDNCSM) locations. Your patients also can find out about COVID-19 vaccinations for children ages 6 months and older. The clinics will continue into October 2022.

While vaccines are important to help kids get a jump start on a healthy school year, we're also planning to have some fun. We'll host back to school events with no-cost school supplies, resources on youth programming and education about healthy school snacks.

2022 Block Party

Join us at the BDNC in Morgan Park on Saturday, August 20, from 11 a.m. to 3 p.m. for this year's block party. This event features:

- Music and food
- BCBSIL Care Van®
- Health information
- School supplies
- · Low-impact fitness demos and much more

This is one of several programs that will be offered at our BDNC locations in August. Your patients can check the calendars at <u>BDNC at Morgan Park</u>, <u>BDNC at Pullman</u> and <u>BDNC at South Lawndale</u> the <u>BDNC Facebook page</u> for details, dates and online registration. They can visit any time to find out about other events and happenings at all three BDNC locations.

All programming – in person and virtual – at our BDNC locations is **free and open to everyone**. If you or your patients have questions, <u>email the BDNC</u> or call 773-253-0900.

Supporting our members on their health education journeys and increasing access to health care where our members live, work and play is an ongoing priority at BCBSIL. We're committed to strengthening the health of communities across the state.

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BDNC locations are not medical facilities, do not have medical providers on staff, do not offer medical advice, and do not provide health care or mental health services.

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A Provider Publication

August 2022

Behavioral Health Support Resources: Maternity Program for Blue Cross Community Health PlanSM (BCCHPSM) Members

This is the first article in a series to raise awareness of behavioral health resources we make available to our members. We want to do our part to reduce social stigma, promote health equity and emphasize holistic approaches to member health and wellness. We hope you find this information useful when talking with your patients.

One in seven women in Illinois experiences perinatal depression – depression during or after pregnancy. The problem is real, and the effects can be devastating. But some patients may not realize when, how or why they should ask for help. They may not recognize warning signs that need to be called to their doctor's attention.

What are some of the symptoms of depression?

The <u>Centers for Disease and Control (CDC)</u> lists these examples:

- Having a lasting sad, anxious, or 'empty' mood
- Feelings of hopelessness or pessimism
- Feelings of guilt, worthlessness, or helplessness
- · Feelings of irritability or restlessness
- Loss of energy
- Problems concentrating, recalling details, and making decisions
- Difficulty falling asleep or sleeping too much
- Overeating or loss of appetite
- Suicidal thoughts or suicide attempts
- Aches or pains that do not get better with treatment.

What are the symptoms of postpartum depression?

Postpartum depression symptoms are similar to depression, but may include additional symptoms, such as those listed below. This information from the CDC may be helpful when you're talking with your patients about what they're experiencing.

- · Crying more often than usual
- Feelings of anger

Withdrawing from loved ones

- Feeling distant from your baby
- Worrying or feeling overly anxious
- Thinking about hurting yourself or your baby
- Doubting your ability to care for your baby²

Outcomes for both mother and baby may be improved when mothers have access to behavioral health support services during pregnancy and postpartum.³ We want to be sure that OB/GYN physicians and other providers are aware of how to refer Blue Cross and Blue Shield of Illinois (BCBSIL) members to Behavioral Health programs we offer, if appropriate.

Tell Your Patients About Special Beginnings®

Many BCBSIL members – including Blue Cross Community Health PlansSM (BCCHP) members – have access to our <u>Special Beginnings</u> maternity program. This program is offered for members in early pregnancy until 84 days after giving birth. It can help members better understand and manage their health during pregnancy.

Special Beginnings provides personal attention and information new mothers may need to care for themselves and their babies during pregnancy and up to 84 days after giving birth. Program highlights include:

- <u>Videos</u> covering eating habits, exercise, stress and more
- Details about each trimester and the physical and emotional changes in mom and baby
- A list of screenings and vaccines to prepare for checkups
- Program support, Monday through Friday from 8 a.m. to 5 p.m., CT

If you have patients who may be interested in Special Beginnings, they can log on to <u>Blue Access for Members SM</u> to learn more and enroll in the program. If members prefer to speak to someone, they can call our Care Coordination Team at 888-421-7781. Or they can call our 24/7 Nurseline at 800-345-9049.

What else can you do to help?

When you're providing pre-/post-natal care to our members, we encourage you to document any signs of depression in the patient's chart to help ensure effective coordination and continuity of care. If you have any questions about how to refer members to Special Beginnings, call 888-421-7781 to speak to a Care Coordinator. If you have other questions, call the number on the member's BCBSIL ID card.

Thank you for helping us help our members by encouraging them to talk about behavioral health and by directing them to educational materials and programs.

¹CDC, Prevalence of Selected Maternal and Child Health Indicators for Illinois, Pregnancy Risk Assessment Monitoring System (PRAMS), 2016–2020, https://www.cdc.gov/prams/prams-data/mch-indicators/states/pdf/2020/Illinois-PRAMS-MCH-Indicators-508.pdf

²CDC, Reproductive Health, Depression During and After Pregnancy, April 2022, https://www.cdc.gov/reproductivehealth/features/maternal-depression/index.html

³U.S. Department of Health and Human Services, National Institutes of Health, National Child and Maternal Health Education Program, Moms' Mental Health Matters, June 2022, https://www.nichd.nih.gov/ncmhep/initiatives/moms-mental-health-matters/moms

The Behavioral Health program is available only to those members whose health plans include behavioral health benefits through BCBSIL. Some members may not have outpatient behavioral health management. All behavioral health benefits are subject to the terms and conditions as listed in the member's benefit plan. The information in this article is being provided for educational purposes only and is not the provision of medical care or advice. Physicians and other health care providers are to their own best medical judgment based upon all available information and the condition of the patient in determining the best course of treatment. The fact that a service or treatment is described in this material is not a guarantee that the service or treatment is a covered benefit and members should refer to their certificate of coverage for more details, including benefits, limitations, and exclusions. Regardless of benefits, the final decision about any service or treatment is between the member and their health care provider.

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Provider Learning Opportunities

Blue Cross and Blue Shield of Illinois (BCBSIL) offers free workshops and webinars for the independently contracted providers who work with us. These trainings focus on electronic options and other helpful tools and resources. A preview of upcoming training sessions is included below. For more information, refer to our <u>Webinars and Workshops page</u>. **Note: All times listed are Central Time (CT).**

BCBSIL WEBINARS

To register now for a webinar on the list below, click on your preferred session date.

Descriptions:	Dates:	Session Times:
Availity® Essentials Authorizations Tool Learn how to electronically submit inpatient and outpatient prior authorization requests handled by BCBSIL.	Aug. 10, 2022 Aug. 17, 2022 Aug. 24, 2022	11 a.m. to noon
Availity Claim Status and Clinical Claim Appeals Learn how to verify detailed claim status and submit clinical claim appeals online using Availity's Claim Status tool.	Aug. 11, 2022 Aug. 18, 2022 Aug. 25, 2022	11 a.m. to noon
Availity Remittance Viewer and Reporting On-Demand These online tools give providers and billing services a convenient way to view claim detail information from the 835 Electronic Remittance Advice (835 ERA) and the Provider Claim Summary (PCS). Attend a webinar to learn how to gain or grant access, conduct a search, view general and payer-specific information and save or print results.	Aug. 18, 2022	1 to 2 p.m.
Availity Orientation: Save Time and Go Online Join us for a review of electronic transactions, provider tools and helpful	Aug. 9, 2022 Aug. 16, 2022	11 a.m. to noon

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	online resources.	Aug. 23, 2022 Aug. 30, 2022	
	Medicaid HEDIS® 101 Training This training will cover a wide range of quality improvement topics and resources to help improve Healthcare Effectiveness Data and Information Set (HEDIS) rates.	Aug. 23, 2022	Noon to 1 p.m.
	Monthly Provider Hot Topics Webinar Stay up to date on the latest news from BCBSIL! Engage with our Provider Network Consultants (PNCs) to learn about upcoming initiatives, program changes and updates, as well as general network announcements.	Aug. 11, 2022	10 to 11:30 a.m.
	Orientation Webinars for New Commercial Providers Learn how we can best work together to improve the health of our members. Ask questions and engage with our PNCs on topics such as care coordination, third party vendors, claims, prior authorization and required provider training.	Aug. 18, 2022	10 to 11:30 a.m.
	Orientation Webinars for New MMAI and/or BCCHPSM Providers	Aug. 25, 2022	10 to 11:30 a.m.

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HEDIS is a registered trademark of the National Committee for Quality Assurance.

supplemental resources, credentialing and contracting.

Learn how we can best work together to improve the health of our member. Ask questions and engage with our PNCs on topics such as network participation and benefits, claims, post-processing claim inquiries,

Checking eligibility and benefits and/or obtaining prior authorization is not a guarantee of payment of benefits. Payment of benefits is subject to several factors, including, but not limited to, eligibility at the time of service, payment of premiums/contributions, amounts allowable for services, supporting medical documentation, and other terms, conditions, limitations, and exclusions set forth in the member's policy certificate and/or benefits booklet and or summary plan description. Regardless of any prior authorization or benefit determination, the final decision regarding any treatment or service is between the patient and the health care provider. If you have any questions, call the number on the member's BCBSIL ID card.

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Has your information changed? Let us know!

When seeking health care services, our members often rely upon the information in our online Provider Finder[®]. Prospective patients can use this online tool to confirm if your practice is a contracted in-network provider for their health care benefit plan. Other providers may use the Provider Finder when referring their patients to your practice.

We encourage you to check your information as it appears in our **Provider Finder** on a monthly basis.

- Verify your information (name, specialty, address, phone and website URL) for our provider directory every 90 days. This is required by federal law.
- Update your data when it changes, including when you join or leave a network.
- If you leave a network, update your information immediately and according to your contract terms.

Online options are available for most changes you may need to request. See below for some reminders on the different types of changes and how to request them.

Demographic Changes

We recommend **professional** providers use the <u>Availity® Essentials</u> Provider Data Management feature to request changes to existing demographic information, such as service location, payment address, business website URL, hours of operation and languages spoken.

- If you're unable to use Availity, you may submit a <u>Demographic Change Form</u>.
- You may specify more than one change within your request as long as all changes relate to the same billing (Type 2) National Provider Identifier (NPI). As a participating provider, your NPI(s) should already be on file with BCBSIL. If needed, you can request deactivation of an existing NPI.
- Facilities may use only the <u>Demographic Change Form</u> to verify and update data.

Request Addition of Provider to Group

If you need to add a provider to your current contracted group, complete the <u>Provider Onboarding Form</u>. Due to the credentialing requirements, changes aren't immediate upon submission of this form. The provider being added to the group won't be considered in-network until they're appointed into the network.

Other Information Changes

The following types of changes are more complex and require special handling:

- Legal Name Change for Existing Contract If you're an existing provider that needs to report a legal name change, complete a new contract application to initiate the update process.*
- Medical Group Change for Multiple Providers If you're a group (Billing NPI Type 2) and have more than five changes, please email our <u>Illinois Provider Roster Requests team</u> for a current copy of your roster to initiate your multiple-change request.

*For status of your professional contract application, application, use the <u>Case Status Checker</u>.

If you have any questions, contact your assigned Provider Network Consultant.

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Reminder: CPT® Codes May Change

As a reminder, Current Procedural Terminology (CPT) codes may change throughout the year due to changes (new, replaced or removed codes) implemented by the American Medical Association (AMA). Refer to the <u>AMA website</u> for more information on CPT codes.

Our online systems are updated to reflect AMA coding changes. Be sure to check eligibility and benefits prior to rendering services to our members to confirm coverage and other important details, such as which services may require prior authorization.

CPT copyright 2021 AMA. All rights reserved. CPT is a registered trademark of the AMA.

Checking eligibility and/or benefits and/or obtaining prior authorization is not a guarantee of payment of benefits. Payment of benefits is subject to several factors, including, but not limited to, eligibility at the time of service, payment of premiums/contributions, amounts allowable for services, supporting medical documentation, and other terms, conditions, limitations, and exclusions set forth in the member's policy certificate and/or benefits booklet and or summary plan description. Regardless of any prior authorization or benefit determination, the final decision regarding any treatment or service is between the patient and their health care provider.

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Use Our New Prior Authorization Digital Lookup Tool for Medicaid Member Information

Checking eligibility and benefits through Availity Essential or your preferred web vendor is always the best place to start, before you provide care and services to any of our members. This step helps you confirm membership, coverage and other details, including prior authorization requirements and utilization management vendors. But we know it's nice to have other ways to view prior authorization information, too.

You may be familiar with some of the Medicaid prior authorization resources on our Provider website. These include prior authorization code lists with effective dates and related information for Blue Cross Community Health PlansSM (BCCHPSM) and Blue Cross Community MMAI (Medicare-Medicaid Plan)SM members. The code lists are posted as PDFs so you can scroll through pages manually or enter <CTRL F> to search, highlight and advance to all instances of a particular word or number.

What's new on the web?

Recently, we added a digital lookup tool that gives you a different way to view prior authorization requirements that may apply to our BCCHP and MMAI members.

- Rather than viewing all codes on a running list in a static document, you can use our interactive digital lookup tool to perform a faster, more targeted search.
- Simply enter a 5-digit code, service description or drug name in the search field.
- The tool returns a list of services that may require prior authorization through BCBSIL or eviCore healthcare (eviCore) for BCCHP and MMAI members.

To access the BCCHP and MMAI digital lookup tool, refer to the <u>Prior Authorization Support Materials (Government Programs)</u> page in our <u>Utilization Management</u> section.

While not included in the digital lookup tool, some services always require prior authorization, such as inpatient facility admissions. Refer to our <u>Medicaid prior authorization summary</u> for more details.

The digital lookup tool is intended for reference purposes only. Information provided is not exhaustive and is subject to change. Always check eligibility and benefits through Availity or your preferred web vendor before rendering services. This step will help you confirm prior authorization requirements and utilization management vendor information, if applicable.

Checking eligibility and benefits and/or obtaining prior authorization is not a guarantee of payment of benefits. Payment of benefits is subject to several factors, including, but not limited to, eligibility at the time of service, payment of premiums/contributions, amounts allowable for services, supporting medical documentation, and other terms, conditions, limitations, and exclusions set forth in the member's policy certificate and/or benefits booklet and or summary plan description. Regardless of any prior authorization or benefit determination, the final decision regarding any treatment or service is between the patient and the health care provider. If you have any questions, call the number on the member's BCBSIL ID card.

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Blue Distinction® Centers for Cancer Care

Blue Distinction Centers is a national designation given by Blue Cross Blue Shield (BCBS) Plans to recognize healthcare facilities and providers for their expertise in delivering quality specialty care – safely, effectively and cost-efficiently. The goal of the program is to help your patients, our members, find both quality and value for their specialty care needs, while providing a credible foundation on which employers may customize their employee benefits.

Illinois Cancer Specialists (ICS) has been awarded the Blue Distinction Center for Cancer Care designation.

Distinction in Your Community and Nationwide

The Blue Distinction Centers for Cancer Care program aims to improve patient outcomes and cost by addressing fragmented delivery of care. It's available for all cancer types and various care settings, including physician groups, cancer centers, hospitals and accountable care organizations (ACOs).

Designation as a Blue Distinction Center for Cancer Care differentiates providers locally, as well as nationally. This highly respected designation acknowledges the expertise you have demonstrated and your commitment to improving quality and affordability. Designations are awarded based on quality criteria, focused on foundational elements that support delivery of patient-centered, evidence-based cancer care.

In addition to meeting the criteria above, each designated provider entity is required to have a value-based payment arrangement with their local BCBS Plan, setting targets for delivering higher quality, lower cost care for patients. Although a value-based payment arrangement is one of the requirements of the designation, the actual cost of care is not being measured on a national basis at this point and the BDC+ designation is not offered at this time.

Blue Distinction Centers for Cancer Care designations are posted on the National Doctor and Hospital Finder and Blue Distinction Center Finder. A directory of Blue Distinction Centers for Cancer Care is available on the Blue Cross and Blue Shield Association (BCBSA) website.

For more program information, please visit the BCBSA Blue Distinction[®] Specialty Care page.

are displayed on the <u>BCBSA website</u>. Individual outcomes may vary. Neither BCBSA nor any Blue Plans are responsible for non-covered charges or other losses or damages resulting from Blue Distinction or other provider finder information or care received from Blue Distinction or other providers.

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Blue Review Readership Survey: Your Ideas and Input in Action

We're grateful to all providers who took the time to respond to our annual year-end <u>Blue Review</u> readership survey. Before we move forward with this year's survey, we wanted to share our "report card" – how we performed and what we've been doing to improve, based on your ratings and feedback.

What You Told Us in 2021

The 2021 survey included several questions for you to rate our performance in various areas. In general, the results show that, when providers receive and have time to read it, information in the *Blue Review* is valuable. Compared to 2019/2020, 2021 ratings were slightly higher for:

- · Article quality and relevance
- User friendliness of format
- Sufficient links to related resources for more information

The 2021 survey also included two open-ended questions for write-in comments. A large portion of survey participants identified themselves as office/billing staff. There were several requests for:

- More "how-to" content
- · Details on whom to contact and when
- Tips on how to get answers quickly

Fewer participants identified themselves as physicians or other health care providers. We flagged some recurring themes to better understand the provider perspective (comments are paraphrased):

- Providers are busy and insurance is complex.
- Vague language is frustrating. Providers need to know details and potential impact.
- Sometimes, even though processes are followed, providers don't get the anticipated result.

How We've Responded in 2022

We want you to know that we take all feedback very seriously. Your ratings, ideas and input last year helped us identify areas for improvement in 2022. Some examples are listed below.

This year, in response to 2021 survey feedback on article content, we:

- Added more articles in the Claims and Coding category
- Increased links to helpful resources for more information
- Emphasized electronic options and self-service tools
- Added more articles on behavioral health and resources to share with our members
- Introduced a quarterly <u>Provider Network Consultant Hot Topics Summary</u> to re-cap top questions and answers, and promote monthly provider education webinars

We also considered *article structure* and ways to reorganize to help different types of providers navigate to content they find valuable. With this objective in mind, as we announced in our July *Blue Review*,

- We transitioned one formercolumn Dr. Derek Robinson's CMO Perspective –to a new blog forum on our Provider website.
- The <u>online CMO Perspective</u> isn't limited to a monthly publication schedule, enabling more immediacy on certain topics, and using a peer-to-peer approach.
- We'll continue to include quick summaries in the *Blue Review*, with links to the most recent blog entries from our vice president and chief medical officer.

Even if you haven't noticed these changes as we've made them throughout 2022, we hope these improvements add up to a more enjoyable experience overall for you and other *Blue Review* readers.

Watch for the 2022 Blue Review Readership Survey, Coming in September

Did you miss the opportunity to participate last year? The 2022 *Blue Review* readership survey will be open September 1 through the end of October. Please watch the <u>News and Updates</u> for a link to the survey. Thanks in advance for your participation!

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