

# Medicaid Prior Authorization and Notification Requirements (Updated February 2024)

This information applies to Blue Cross Community MMAI (Medicare-Medicaid) SM and Blue Cross Community Health Plans (BCCHPSM) members.

#### **Limitations of Covered Benefits by Member Contract**

The table below includes information on prior authorization and pre-notification (notification) requirements for non-emergency services provided to BCBSIL's Medicaid (MMAI and BCCHP) members. Medical necessity, as defined in the Member Handbook, must be determined before a prior authorization number will be issued. Claims received that do not have a prior authorization number may result in an adverse determination. Independently contracted providers may not seek payment from the MMAI or BCCHP member when services are deemed not to meet the medical necessity definition in the Member Handbook and the claim is denied.

### **Network Participation**

Out-of-network providers must seek prior authorization for all services.

#### **Prior Authorization and Notification Requirements**

For scheduled services, prior authorization is required prior to service. Notification of inpatient admission is required within one business day after a member is admitted. Notification of extension requests for ongoing care must be submitted within one business day from the last covered day of service. Failure to meet these requirements may result in an adverse determination.

#### **Medical Necessity**

Medical necessity, as defined in the Member's handbook, must be met for all services regardless if prior authorization is required. All services are subject to retrospective review and recoupment in accordance with state and federal rules and regulations. Clinical information must accompany all requests for prior authorization to demonstrate medical necessity. Cases in which clinical information does not accompany the prior authorization request may result in adverse determinations.

#### **Inpatient Facility Admission Summary**

All planned (elective) inpatient hospital care (surgical, non-surgical, behavioral health and/or substance use) admissions must have prior authorization before the admission occurs.

All unplanned inpatient hospital care (surgical, non-surgical, behavioral health and/or substance use) notification must be made within one business day of admission to the facility.

Admission to a skilled nursing facility, a long term acute care hospital (LTACH) or a rehabilitation facility requires a prior authorization.

All substance use residential program admissions for substance misuse treatment require notification within 24 hours of admission and are subject to medical necessity review.

## Prior Authorization Rules - Medicaid Medical / Surgical (Non-Behavioral Health) PRIOR AUTHORIZATION REQUIREMENTS\* THROUGH EVICORE HEALTHCARE (EVICORE)

- Outpatient Molecular Genetics
- Musculoskeletal Services
  - Chiropractic
  - Physical/Occupational/Speech Therapy
  - Spine, Joint, Pain
- Radiology Imaging Services
- Outpatient Sleep
- Post-Acute Care
- Outpatient Specialty Drug

\*Including Network Exceptions [out-of-plan or out-ofnetwork (due to network adequacy) for managed programs] The eviCore Healthcare Web Portal at <a href="https://www.evicore.com/healthplan/bcbsil">https://www.evicore.com/healthplan/bcbsil</a> is available 24x7. After a one-time registration, you may initiate a case, check status, review guidelines, view authorizations/eligibility and more. The Web Portal is the quickest, most efficient way to obtain information.

You may also call eviCore toll-free at 855-252-1117 between 7 a.m. and 7 p.m. (Local Time) Monday through Friday, except holidays.

For specific codes that apply, refer to <u>eviCore's</u> <u>Web Portal</u>.

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Prior Authorization Rules - Medicaid Medical / Surgical (Non-Behavioral Health)		
PRIOR AUTHORIZATION REQUIREMENTS THROUGH BCBSIL		
Reminder: Eligibility and benefits as well as prior authorization verification and submission can be initiated online using the Authorizations & Referrals tool via the <a href="https://example.com/Availity® Essentials Provider Portal.l">Availity® Essentials Provider Portal.l</a> .		
Covered Service	Prior authorization required?	
Advanced Imaging (PET, MRA, MRI, and CT scans)	Refer to the procedure code list for prior authorization requirements.	
Allergy care, including tests and serum	Refer to the procedure code list for prior authorization requirements.	
Ambulance	Air – Yes, fixed wing medical transportation Ground – No	
Bariatric surgery	Yes	
Breast pumps and replacement supplies	No – Subject to benefit and DME dollar amount	
Chemotherapy and radiation therapy	Yes – Refer to the procedure code list for prior authorization requirements.	
Chiropractic Services	Yes	
Covered services provided in school-based health clinics	No	
Durable Medical Equipment (DME) – Medical supplies, orthotics, and prosthetics	Refer to the procedure code list for prior authorization requirements. Additionally, prior authorization is required for any single DME, repair, prosthetic or orthopedic device greater than \$1500.	
Emergency dental care	Yes	
Diabetes self-management services	Refer to the procedure code list for prior authorization requirements.	
Dialysis services	PA required for Hemodialysis performed >3x per week	
Doula Services	Required if greater than quantity limit.	
Hearing services and devices	Yes	
Home birthing	Notification is required.	
Home health care and intravenous services	Yes – Refer to the procedure code list for prior authorization requirements.	
Hospice	Yes	
Outpatient Hospital Services	Yes – Refer to the procedure code list for prior authorization requirements.	
Skilled Nursing and Therapy Services	Yes – Refer to the procedure code list for prior authorization requirements.	
Injections	Refer to the procedure code list for prior authorization requirements.	
Lactation Counseling	Required if greater than the quantity limit.	
Long Term Support Services	Long Term Support Services require pre-assessment, eligibility determination and service planning. This process is completed with the member's care/service coordinator and the treatment team. Once service planning is complete, the authorization process is completed according to State guidelines and requirements. Eligibility is limited to members qualified due to waiver status or eligibility established after evaluation.	
Skilled Nursing facilities	Yes	
Custodial Nursing Facility	Yes, until member is listed on patient credit file.	
Nutritional counseling services	Refer to the procedure code list for prior authorization requirements.	
Minor surgeries	Refer to the procedure code list for prior authorization requirements.	
Office visits to PCPs or specialists, nurse practitioners, and physician assistants	No, if In Network provider, otherwise PA required.	

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Personal care services and private duty nursing (homeor school-based) for children under age 21, who qualify under the Early, Periodic Screen, Diagnostic and Treatment (EPSDT) program

Yes. If the child is disabled, the child may qualify for more services. Call Customer Service and ask to speak with a Care Coordinator/Case Manager for more information.

Prior Authorization Rules - Medicaid Medical / Surgical (Non-Behavioral Health), continued		
Podiatry (foot and ankle) services	Refer to the procedure code list for prior authorization requirements.	
Pregnancy-related and maternity services	No	
Routine physicals, children's preventive health programs and Tot-to-Teen checkups	No	
Second opinions (in-network)	No	
Surgery, including pre-and post-operative care: assistant surgeon, anesthesiologist, organ transplants	Refer to the procedure code list for prior authorization requirements. (Note: All transplants and pre-transplant evaluations require prior authorization.)	
Special rehabilitation services, such as: physical therapy, occupational therapy, speech therapy, cardiac rehabilitation, pulmonary rehabilitation	Refer to the procedure code list for prior authorization requirements.	

Prior Authorization Rules - Medicaid Behavioral Health		
Covered Service	Prior Authorization Required?	
Standard office visits to mental health specialists, which could include counselors, social workers, psychiatrists, or psychologists	No	
Inpatient Mental Health Treatment	Yes	
Inpatient Substance Use Treatment	Yes	
Mental Health Day Treatment	Yes	
Substance use Day Treatment	Yes	
Medication Assisted Treatment for Opioid Dependence	No	
Mental Health Intensive Outpatient Treatment	Yes	
Substance Use Intensive Outpatient Treatment	Yes	
Assessment and Treatment Planning Services	No	
Mobile Crisis Response	No	
Crisis Stabilization	No	
Crisis Intervention	No	
Assertive Community Treatment	Yes	
Community Support Team	Yes	
Psychosocial Rehabilitation	Yes	
Psychological Testing	Yes, upon notification from BCBSIL	
Neuropsychological Testing	Yes, upon notification from BCBSIL	
Electroconvulsive Therapy	No	
Developmental Testing	Refer to the procedure code list for prior authorization requirements	
SUPR Admission/Discharge Assessment	Yes, for services rendered above 8 units daily	
SUPR Substance Use Group Therapy	Yes, for services rendered above 12 units daily	
SUPR Substance Use Individual Therapy	Yes, for services rendered above 12 units daily	
SUPR Substance Use Residential	Yes	
SUPR Substance Use Detoxification	Yes	

Note: Post-acute inpatient stays, Skilled Nursing Facility (SNF), rehabilitation and Long-term Acute Care (LTAC) services are reviewed by eviCore. Prior authorization for these services must be obtained through, and will be confirmed by, BCBSIL.

Checking eligibility and/or benefit information and/or obtaining prior authorization or pre-notification for a service is not a guarantee of payment. Benefits will be determined once a claim is received and will be based upon, among other things, the member's eligibility and the terms of the member's certificate of coverage applicable on the date services were rendered. If you have questions, contact the appropriate number on the member's ID card.

eviCore healthcare (eviCore) is an independent company that has contracted with BCBSIL to provide prior authorization for expanded outpatient and specialty utilization management for members with coverage through BCBSIL. Availity is a trademark of Availity, LLC, a separate company that operates a health information network to provide electronic information exchange services to medical professionals. Availity provides

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