

Supporting Our Communities



Blue Cross and Blue Shield of Illinois stands by our core values of integrity, respect, commitment, caring and excellence. In keeping with those values, we support our members that identify as lesbian, gay, bisexual, transgender, queer, intersex, asexual and other gender and sexual identities that are part of the community (LGBTQIA+).

The Boeing Team at BCBSIL

LGBTQIA+ members may face unique health challenges. BCBSIL is here to help our members with all their health care needs. Our team of dedicated registered nurses and behavioral health clinicians are able to provide culturally competent and inclusive education and support. Our **Behavioral Health Navigation team** can assist with finding a provider, scheduling an appointment or connecting you with our clinical team. To get started, call Member Services at **888-802-8776**. We're available weekdays 5 a.m. to 5 p.m. PT (7 a.m. to 7 p.m. CT and 8 a.m. to 8 p.m. ET).

Find Mental Health Providers

Headway helps you find an in-network provider based on many criteria, including specialty, location, personality, race, language, ethnicity, and whether you want virtual or in-person care. They can even help you book your first appointment in as soon as 48 hours. Benefits are:

- Personalized matching with a provider based on your clinical needs and preferences
- Same-day appointment may be possible
- A diverse network of 26,000+ therapists, psychiatrists and psychologists
- Easy-to-use platform to manage appointments
- Affordable and transparent pricing; get a cost estimate before you book the appointment
- Behavioral health therapy is available for adolescents, age 13+

Learn more at www.headway.co/m/boeing or scan the QR code.



Boeing members seeking information may explore these LGBTQIA+ resources*

Spring Health

www.benefits.springhealth.com/boeing



Through this Boeing program, you may receive up to 10 coaching and 10 counseling sessions (per member, per year). For more information go to the website, scan the QR code or call **866-719-5788**. User code is "Boeing."

GLMA Health Professionals Advancing LGBTQ+ Equality

www.glma.org



GLMA is the world's largest and oldest association of health care professionals committed to providing individuals with health care services regardless of sexual orientation, gender identity or marital status. You can use the directory for free, and you do not need to register.

GLMA is a national organization committed to ensuring health equity for lesbian, gay, bisexual, transgender, queer and all sexual and gender minority individuals, and equality for LGBTQ+/SGM health professionals in their work and learning environments. To achieve this mission, GLMA utilizes the scientific expertise of its diverse multidisciplinary membership to inform and drive advocacy, education and research.

OutCare

www.outcarehealth.org



OutCare is a comprehensive resource for LGBTQ+ health care, offering provider and health care resource directories, mentorship, medical education reform and cultural competency training. The provider directories are free and do not require registration.

TransHealthCare

www.transhealthcare.org



TransHealthCare offers a global database of gender surgeons that specialize in gender-affirming procedures. Search by procedure or region. The directory is free and does not require registration.

Please note that providers in the directories may not participate in a health plan at BCBSIL. Check to see if a provider is in the network:

- Visit Provider Finder® at **www.bcbsil.com/boeing** (click **Doctor or Pharmacy**)
- Register or log in to Blue Access for MembersSM for personalized search results
- Call Boeing Member Services at **888-802-8776** (toll-free)
- Call the provider directly to see if they accept your BCBSIL plan

These organizations are responsible for their published content. BCBSIL makes no endorsement, representations or warranties regarding these organizations.

LGBT National Help Center – Peer support and local resources for all ages

www.lgbthotline.org
888-843-4564



*Not sponsored by Blue Cross and Blue Shield of Illinois.

Spring Health is an independent company that is contracted directly by Boeing to provide employee assistance support to Boeing employees. Spring Health does not offer Blue Products or Services. Headway is a separate company that has contracted with Blue Cross and Blue Shield of Illinois to provide behavioral health management for members with coverage through BCBSIL. BCBSIL makes no endorsement, representations or warranties regarding third-party vendors and the products and services offered by them.

Member communications and information from these programs are not meant to replace the advice of health care professionals. Members are encouraged to seek the advice of their doctors or behavioral health specialists to discuss their health care needs. Decisions regarding course and place of treatment remain with the member and his or her health care providers.

This specialty care program is voluntary, confidential and offered at no additional cost to the employee or covered dependent.

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