



The Butterfly Gathering

For many, the butterfly is a symbol of hope after pregnancy loss. This October, join us at the Butterfly Gathering to raise awareness and honor those who have been affected by pregnancy or infant loss.

Morgan Park

October 21, 2024 5:45 p.m. – 7:15 p.m. – in-person 11840 S. Marshfield Ave. Chicago, IL 60643

Join us as we host a sacred and supportive ceremony with inspiration, culture and art to honor those who have experienced loss. Dinner will be provided. Registration is highly recommended.

South Lawndale

October 24, 2024 6 p.m. – 7:30 p.m. – in-person and virtual 2551 W. Cermak Rd. Chicago, IL 60608

In collaboration with Erasing the Distance, NAMI Chicago, and SIDS of Illinois, join us for a night at the theater. Activities will include a remembrance ceremony, dinner and more. Registration is highly recommended. This event will be facilitated in English and Spanish.









Get Rewarded!

Take three of our condition management or health education classes a month to receive a gift card. One gift card a month per participant. See the Pullman and Morgan Park calendars for more classes marketed by an asterisk*. Annual restrictions may apply.

Health Matters: Mental Health 101- in-person and virtual October 11, 1 p.m. - 2 p.m. at Morgan Park

Health Matters: Breast Cancer - in-person and virtual October 16, 11 a.m. - 11:30 a.m. at Pullman

Health Matters: Importance of Cancer Screening - inperson and virtual

October 28, 11 a.m. - 11:30 a.m. at Morgan Park

Morgan Park: 11840 S. Marshfield Ave. Pullman: 756 E. 111th St., Ste 102 & 103

For more information scan QR code



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We Have Something for the Entire Family!

In October, we recognize World Mental Health Day, Domestic Violence, Breast Cancer Awareness, Pregnancy and Infant Loss Awareness.

BDNC[™] Goes Pink - in-person at Pullman October 2, 9:30 a.m. - 6 p.m.

Health and Wellness Summit - in-person at Morgan Park

October 12, 10 a.m. - 2 p.m.

The Butterfly Gathering - in-person at Morgan Park October 21, 5:45 p.m. - 7:15 p.m.

Lunch and Learn: Domestic Violence - in-person and virtual at Morgan Park October 22, 11 a.m. - 12:15 p.m.

Family Fall Fest - in-person at Pullman October 26, 10 a.m. - 1 p.m.

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