

# Diabetes Education Class Schedule

## Saturday, April 6

**11 a.m. - 12:30 p.m.**

Jewel-Osco  
6140 Northwest Highway  
Crystal Lake, IL 60014

## Thursday, April 11

**11 a.m. - 12:30 p.m.**

Jewel-Osco  
1220 S. Ashland Ave.  
Chicago, IL 60608

## Wednesday, April 17

**6 p.m. - 7:30 p.m.**

Jewel-Osco  
17930 Wolf Road  
Orland Park, IL 60467

## Thursday, April 25

**6 p.m. - 7:30 p.m.**

Jewel-Osco  
4650 W. 103rd St.  
Oak Lawn, IL 60453

## Thursday, May 2

**11 a.m. - 12:30 p.m.**

Jewel-Osco  
7530 S. Stony Island Ave.  
Chicago, IL 60649

## Saturday, May 4

**10 a.m. - 11:30 a.m.**

Jewel-Osco  
1200 W. Boughton  
Bolingbrook, IL 60440

## Thursday, May 9

**6 p.m. - 7:30 p.m.**

Jewel-Osco  
1225 Naper Blvd.  
Naperville, IL 60540

## Monday, May 13

**6 p.m. - 7:30 p.m.**

Jewel-Osco  
655 Main St. N.W.  
Bourbonnais, IL 60914

## Saturday, May 18

**10 a.m. - 11:30 a.m.**

Jewel-Osco  
1177 S. Main St.  
Lombard, IL 60148

## Thursday, May 23

**11 a.m. - 12:30 p.m.**

Jewel-Osco  
1655 E. 95th St.  
Chicago, IL 60617

## Thursday, June 13

**11 a.m. - 12:30 p.m.**

Jewel-Osco  
2550 N. Clybourn Ave.  
Chicago, IL 60614

## Thursday, June 13

**6 p.m. - 7:30 p.m.**

Jewel-Osco  
2520 N.  
Narragansett Ave.  
Chicago, IL 60639

## Saturday, June 15

**11 a.m. - 12:30 p.m.**

Jewel-Osco  
303 Holmes Ave.  
Clarendon Hills, IL 60514

## Thursday, June 20

**10 a.m. - 11:30 a.m.**

Jewel-Osco  
3243 W. 115th St.  
Merrionette Park,  
IL 60803

To reserve your spot, call **1-877-728-6655** Monday through Friday 9 a.m.–6:30 p.m., local time or visit <https://bit.ly/living365IL>.

*For accommodations of persons with special needs at meetings, call 1-888-775-6875.*

To ask for supportive aids and services, or materials in other formats and languages for free, please call,  
1-877-860-2837 TTY/TDD:711.

Blue Cross and Blue Shield of Illinois complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex. Blue Cross and Blue Shield of Illinois does not exclude people or treat them differently because of race, color, national origin, age, disability, or sex.

Blue Cross and Blue Shield of Illinois:

- Provides free aids and services to people with disabilities to communicate effectively with us, such as:
  - Qualified sign language interpreters
  - Written information in other formats (large print, audio, accessible electronic formats, other formats)
- Provides free language services to people whose primary language is not English, such as:
  - Qualified interpreters
  - Information written in other languages

If you need these services, contact Civil Rights Coordinator.

If you believe that Blue Cross and Blue Shield of Illinois has failed to provide these services or discriminated in another way on the basis of race, color, national origin, age, disability, or sex, you can file a grievance with: Civil Rights Coordinator, Office of Civil Rights Coordinator, 300 E. Randolph St., 35<sup>th</sup> floor, Chicago, Illinois 60601, 1-855-664-7270, TTY/TDD: 1-855-661-6965, Fax: 1-855-661-6960, [Civilrightscordinator@hsc.net](mailto:Civilrightscordinator@hsc.net). You can file a grievance in person or by mail, fax, or email. If you need help filing a grievance, Civil Rights Coordinator is available to help you.

You can also file a civil rights complaint with the U.S. Department of Health and Human Services, Office for Civil Rights, electronically through the Office for Civil Rights Complaint Portal, available at <https://ocrportal.hhs.gov/ocr/portal/lobby.jsf>, or by mail or phone at:

U.S. Department of Health and Human Services  
200 Independence Avenue, SW  
Room 509F, HHH Building  
Washington, D.C. 20201

1-800-368-1019, 800-537-7697 (TDD)

Complaint forms are available at <http://www.hhs.gov/ocr/office/file/index.html>.

**English:** ATTENTION: If you speak English, language assistance services, free of charge, are available to you. Call **1-877-860-2837 (TTY/TDD: 711)**.

**Español (Spanish):** ATENCIÓN: si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al **1-877-860-2837 (TTY/TDD: 711)**.

**繁體中文 (Chinese):** 注意：如果您使用繁體中文，您可以免費獲得語言援助服務。請致電 **1-877-860-2837 (TTY/TDD: 711)**。

**Tagalog (Tagalog – Filipino):** PAUNAWA: Kung nagsasalita ka ng Tagalog, maaari kang gumamit ng mga serbisyo ng tulong sa wika nang walang bayad. Tumawag sa **1-877-860-2837 (TTY/TDD: 711)**.

**Français (French):** ATTENTION : Si vous parlez français, des services d'aide linguistique vous sont proposés gratuitement. Appelez le **1-877-860-2837 (ATS : 711)**.

**Tiếng Việt (Vietnamese):** CHÚ Ý: Nếu bạn nói Tiếng Việt, có các dịch vụ hỗ trợ ngôn ngữ miễn phí dành cho bạn. Gọi số **1-877-860-2837 (TTY/TDD: 711)**.

**Deutsch (German):** ACHTUNG: Wenn Sie Deutsch sprechen, stehen Ihnen kostenlos sprachliche Hilfsdienstleistungen zur Verfügung. Rufnummer: **1-877-860-2837 (TTY/TDD: 711)**.

**한국어 (Korean):** 주의: 한국어를 사용하시는 경우, 언어 지원 서비스를 무료로 이용하실 수 있습니다. **1-877-860-2837 (TTY/TDD: 711)**번으로 전화해 주십시오.

**Русский (Russian):** ВНИМАНИЕ: Если вы говорите на русском языке, то вам доступны бесплатные услуги перевода. Звоните **1-877-860-2837 (телетайп: 711)**.

**العربية (Arabic):**

ملحوظة: إذا كنت تتحدث اذكر اللغة، فإن خدمات المساعدة اللغوية تتوافر لك بالمجان. اتصل برقم 1-778-068-7382 (رقم هاتف الصم والبكم: 117).

**हिंदी (Hindi):** ध्यान दें: यदि आप हिंदी बोलते हैं तो आपके लिए मुफ्त में भाषा सहायता सेवाएं उपलब्ध हैं। **1-877-860-2837 (TTY/TDD: 711)** पर कॉल करें।

**Italiano (Italian):** ATTENZIONE: In caso la lingua parlata sia l'italiano, sono disponibili servizi di assistenza linguistica gratuiti. Chiamare il numero **1-877-860-2837 (TTY/TDD: 711)**.

**ગુજરાતી (Gujarati):** સુચના: જો તમે ગુજરાતી બોલતા હો, તો નિ:શુલ્ક ભાષા સહાય સેવાઓ તમારા માટે ઉપલબ્ધ છે. ફોન કરો **1-877-860-2837 (TTY/TDD: 711)**.

**Urdu (Urdu):** کریں کال - ہیں دستیاب میں مفت خدمات کی مدد کی زبان کو آپ تو، ہیں بولتے اردو آپ اگر: خبردار

**1-877-860-2837 (TTY/TDD: 711)**.

**Polski (Polish):** UWAGA: Jeżeli mówisz po polsku, możesz skorzystać z bezpłatnej pomocy językowej. Zadzwoń pod numer **1-877-860-2837 (TTY/TDD: 711)**.

**λληνικά (Greek):** ΠΡΟΣΟΧΗ: Αν μιλάτε ελληνικά, στη διάθεσή σας βρίσκονται υπηρεσίες γλωσσικής υποστήριξης, οι οποίες παρέχονται δωρεάν. Καλέστε **1-877-860-2837 (TTY/TDD: 711)**.



Our Living365® program is aimed at providing healthy guidance through classes, in-home test kits, printed materials, online resources and more.

If you have any further questions, please call Blue Cross Community Health Plans Member Services. We can be reached at 1-877-860-2837. TTY/TDD users, please call 711. We are available 24 hours a day, seven (7) days a week. The call is free.

Jewel-Osco is an independently contracted pharmacy solely responsible for the products and services they provide.

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