## Blue Cross Blueshield Blue Choice Preferred Bronze PPO<sup>SM</sup> 105

Summary of Benefits and Coverage: What this Plan Covers & What it Costs

Coverage for: Individual/Family | Plan Type: PPO



This is only a summary. If you want more detail about your coverage and costs, you can get the complete terms in the policy or plan document at <a href="http://www.bcbsil.com/member/policy-forms/2016/360961L0990005-01.pdf">www.bcbsil.com/member/policy-forms/2016/360961L0990005-01.pdf</a> or by calling 1-800-538-8833.

Important Questions	Answers	Why this Matters:
What is the overall <u>deductible</u> ?	Individual: Participating <b>\$4,500</b> Non-Participating <b>\$15,000</b> Family: Participating <b>\$13,100</b> Non-Participating <b>\$45,000</b> Doesn't apply to preventive care & certain copayments.	You must pay all the costs up to the <b><u>deductible</u></b> amount before this plan begins to pay for covered services you use. Check your policy or plan document to see when the <u><b>deductible</b></u> starts over (usually, but not always, January 1st). See the chart starting on page 2 for how much you pay for covered services after you meet the <u><b>deductible</b></u> .
Are there other deductibles for specific services?	No.	You don't have to meet <b><u>deductibles</u></b> for specific services, but see the chart starting on page 2 for other costs for services this plan covers.
Is there an <u>out-of-pocket</u> <u>limit</u> on my expenses?	Yes. Individual: Participating <b>\$6,450</b> Non-Participating <b>Unlimited</b> Family: Participating <b>\$13,100</b> Non-Participating <b>Unlimited</b>	The <b><u>out-of-pocket</u></b> limit is the most you could pay during a coverage period (usually one year) for your share of the cost of covered services. This limit helps you plan for health care expenses.
What is not included in the <u>out-of-pocket limit</u> ?	Premiums, balance-billed charges, and health care this plan doesn't cover.	Even though you pay these expenses, they don't count toward the <b><u>out-of-pocket limit</u></b> .
Does this plan use a <u>network</u> of <u>providers</u> ?	Yes. See <u>www.bcbsil.com</u> or call <b>1-800-538-8833</b> for a list of Participating providers.	If you use an in-network doctor or other health care <b>provider</b> , this plan will pay some or all of the costs of covered services. Be aware, your in-network doctor or hospital may use an out-of-network <b>provider</b> for some services. Plans use the term in-network, <b>preferred</b> , or participating for <b>providers</b> in their <b>network</b> . See the chart starting on page 2 for how this plan pays different kinds of <b>providers</b> .
Do I need a referral to see a <u>specialist</u> ?	No. You don't need a referral to see a specialist.	You can see the <b>specialist</b> you choose without permission from this plan.
Are there services this plan doesn't cover?	1	Some of the services this plan doesn't cover are listed on page 6. See your policy or plan document for additional information about <u>excluded services</u> .

Questions: Call 1-800-538-8833 or visit us at www.bcbsil.com/coverage.

If you aren't clear about any of the underlined terms used in this form, see the Glossary. You can view the Glossary at <a href="http://www.dol.gov/ebsa/pdf/SBCUniformGlossary.pdf">www.dol.gov/ebsa/pdf/SBCUniformGlossary.pdf</a> or call 1-855-756-4448 to request a copy.

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- **<u>Copayments</u>** are fixed dollar amounts (for example, \$15) you pay for covered health care, usually when you receive the service.
  - <u>Coinsurance</u> is *your* share of the costs of a covered service, calculated as a percent of the <u>allowed amount</u> for the service. For example, if the health plan's <u>allowed amount</u> for an overnight hospital stay is \$1,000, your <u>coinsurance</u> payment of 20% would be \$200. This may change if you haven't met your <u>deductible</u>.
    - The amount the plan pays for covered services is based on the <u>allowed amount</u>. If an out-of-network <u>provider</u> charges more than the <u>allowed</u> <u>amount</u>, you may have to pay the difference. For example, if an out-of-network hospital charges \$1,500 for an overnight stay and the <u>allowed</u> <u>amount</u> is \$1,000, you may have to pay the \$500 difference. (This is called <u>balance billing.</u>)
    - The plan may encourage you to use Participating **providers** by charging you lower **<u>deductibles</u>**, **<u>copayments</u>**, and <u>coinsurance</u> amounts.

Common Medical Event	Services You May Need	Your cost if you use a Participating Provider	Your cost if you use a Non-Participating Provider	Limitations & Exceptions
TC ··· 1 1.1	Primary care visit to treat an injury or illness	30% coinsurance	50% coinsurance	No benefits will be provided for services which are not, in the reasonable judgment of Blue Cross and Blue Shield, medically necessary.
If you visit a health care provider's office or	Specialist visit	30% coinsurance	50% coinsurance	none
clinic	Other practitioner office visit	30% coinsurance	50% coinsurance	Acupuncture not covered. Chiropractic and Osteopathic Manipulation are limited to 25 visits per calendar year.
	Preventive care/screening/immunization	No Charge	50% coinsurance	none
If you have a test	Diagnostic test (x-ray, blood work)	30% coinsurance	50% coinsurance	none
II you have a lest	Imaging (CT / PET scans, MRIs)	30% coinsurance	50% coinsurance	

Common Medical Event	Services You May Need	Your cost if you use a Participating Provider	Your cost if you use a Non-Participating Provider	Limitations & Exceptions
	Formulary generic drugs	20% coinsurance/ 25% coinsurance	25% coinsurance	Lower coinsurance applies at preferred participating pharmacies. Retail covers
	Non-formulary generic drugs	20% coinsurance/ 25% coinsurance	25% coinsurance	a 30 day supply and home delivery covers a 90 day supply. Certain
If you need drugs to treat your illness or	Formulary brand drugs	30% coinsurance/ 40% coinsurance	40% coinsurance	women's preventive services will be covered with no cost to the member.
condition	Non-formulary brand drugs	40% coinsurance/ 50% coinsurance	50% coinsurance	For a full list of these prescriptions and/or services, please contact
More information about prescription drug coverage is available at https://www.myprime. com/content/dam/ prime/memberportal/ forms/AuthorForms/ IVL/2016/ 2016 IL 5T EX.pdf	Specialty drugs	50% coinsurance	50% coinsurance	Customer Service. Non-Participating home delivery is not covered. Non-Participating specialty drug coverage is limited to certain medications that are clarified in the prescription drug rider. For Non-Participating drug provider, you are responsible for 50% of the eligible amount after the coinsurance. Payment of the differenct between the ost of a brand name drug and a generic may be required if a generic drug is available. Generic drugs are not subject to the deductible.
If you have outpatient surgery	Facility fee (e.g., ambulatory surgery center) Physician/surgeon fees	30% coinsurance 30% coinsuance	50% coinsurance 50% coinsurance	Abortions not covered, except where a pregnancy is the result of rape or incest, or for a pregnancy which, as certified by a physician, places the woman in danger of death unless an abortion is performed.
If you need immediate	Emergency room services	30% coinsurance	30% coinsurance	none
medical attention	Emergency medical transportation Urgent care	30% coinsurance30% coinsurance	30% coinsurance 50% coinsurance	Ground and air transportation covered. none

Common Medical Event	Services You May Need	Your cost if you use a Participating Provider	Your cost if you use a Non-Participating Provider	Limitations & Exceptions
If you have a hospital stay	Facility fee (e.g., hospital room) Physician/surgeon fee	30% coinsurance 30% coinsurance	50% coinsurance 50% coinsurance	Inpatient Services: Par, member will be responsible for the first \$1,000 or 50%, whichever is less, if not preauthorized one business day prior. Non-Par, \$500 penalty if not preauthorized one business day prior.
If you have mental health, behavioral health, or substance abuse needs	Mental/Behavioral health outpatient services Mental/Behavioral health inpatient services Substance use disorder outpatient services Substance use disorder inpatient services	30% coinsurance30% coinsurance30% coinsurance30% coinsurance	50% coinsurance 50% coinsurance 50% coinsurance 50% coinsurance	Pre-authorization is required for Psychological testing; Neuropsychological testing; Electroconvulsive therapy; Repetitive Transcranial magnetic Stimulation; and Intensive Outpatient Treatment. Inpatient Services: Par, member will be responsible for the first \$1,000 or 50%, whichever is less, if not preauthorized one business day prior. Non-Par, \$500 penalty if not preauthorized one business day prior.
If you are pregnant	Prenatal and postnatal care Delivery and all inpatient services	30% coinsurance30% coinsurance	50% coinsurance 50% coinsurance	none

Common Medical Event	Services You May Need	Your cost if you use a Participating Provider	Your cost if you use a Non-Participating Provider	Limitations & Exceptions
	Home health care	30% coinsurance	50% coinsurance	Outpatient Services: Par, member may
	Rehabilitation services	30% coinsurance	50% coinsurance	be balance billed if preauthorization
	Habilitation services	30% coinsurance	50% coinsurance	not received within 15 days prior.
	Skilled nursing care 30% coinsurance 50% coinsurance	50% coinsurance	Non-Par, \$500 penalty if not preauthorized 2 business days prior. Inpatient Services: Par, member will be responsible for the first \$1,000 or 50%, whichever is less, if not preauthorized one business day prior. Non-Par, \$500 penalty if not preauthorized one business day prior.	
If you need help recovering or have other special health needs	Durable medical equipment	30% coinsurance	50% coinsurance	Benefits are limited to items used to serve a medical purpose. DME benefits are provided for both purchase and rental equipment (up to the purchase price).
	Hospice service	30% coinsurance	50% coinsurance	Outpatient Services: Par, member may be balance billed if preauthorization not received within 15 days prior. Non-Par, \$500 penalty if not preauthorized 2 business days prior. Inpatient Services: Par, member will be responsible for the first \$1,000 or 50%, whichever is less, if not preauthorized one business day prior. Non-Par, \$500 penalty if not preauthorized one business day prior.
If your child needs dental or eye care	Eye exam	No Charge	Covered	One visit per year. Reimbursed up to \$30 out-of-network. See benefit booklet for network details.
	Glasses	Covered	Covered	One pair of glasses per year. Reimbursed up to \$45 out-of-network. See benefit booklet for network details.
	Dental check-up	Not Covered	Not Covered	none

### **Excluded Services & Other Covered Services:**

		1	
Services Your Plan Does NOT Cover (This isn't a		it for oth	her <u>excluded services</u> .)
• Abortions (Except where a pregnancy is the result	Long-term care	Rout	ine eye care (Adult)
of rape or incest, or for a pregnancy which, as	• Non-emergency care when traveling outside the	• Weig	ht loss programs
certified by a physician, places the woman in danger	U.S.	-	
of death unless an abortion is performed)			
• Acupuncture			
Dental Care (Adult)			
Other Covered Services (This isn't a complete list.	Check your policy or plan document for other c	overed se	ervices and your costs for these services.
	• Hearing aids (Two covered every 36 months for		te-duty nursing (With the exception of
• Chiropractic care (Limited to 25 visits per calendar	children or bone anchored)	inpat	ient private duty nursing)
	Infertility treatment	-	ine foot care (Only in connection with
• Cosmetic surgery (Only for the correction of	,	diabe	

• Cosmetic surgery (Only for the correction of congenital deformities or conditions resulting from accidental injuries, scars, tumors, or diseases)

### Your Rights to Continue Coverage:

Federal and State laws may provide protections that allow you to keep this health insurance coverage as long as you pay your **premium**. There are exceptions, however, such as if:

- You commit fraud
- The insurer stops offering services in the State
- You move outside the coverage area

For more information on your rights to continue coverage, contact the insurer at 1-800-538-8833. You may also contact your state insurance department at 1-877-527-9431.

### Your Grievance and Appeals Rights:

If you have a complaint or are dissatisfied with a denial of coverage for claims under your plan, you may be able to **appeal** or file a **grievance**. For questions about your rights, this notice, or assistance, you can contact: Illinois Department of Insurance at (877) 527-9431 or visit <u>http://insurance.illinois.gov</u>.

### Does this Coverage Provide Minimum Essential Coverage?

The Affordable Care Act requires most people to have health care coverage that qualifies as "minimum essential coverage." This plan or policy <u>does provide</u> minimum essential coverage.

### Language Access Services:

Spanish (Español): Para obtener asistencia en Español, llame al 1-800-538-8833. Tagalog (Tagalog): Kung kailangan ninyo ang tulong sa Tagalog tumawag sa 1-800-538-8833. Chinese (中文): 如果需要中文的帮助,请拨打这个号码 1-800-538-8833. Navajo (Dine): Dinek'ehgo shika at'ohwol ninisingo, kwiijigo holne' 1-800-538-8833.

## About These Coverage Examples:

These examples show how this plan might cover medical care in given situations. Use these examples to see, in general, how much financial protection a sample patient might get if they are covered under different plans.



This is not a cost estimator.

Don't use these examples to estimate your actual costs under the plan. The actual care you receive will be different from these examples, and the cost of that care also will be different.

See the next page for important information about these examples.

Having	g a ˈ	bal	by
(normal	del	iver	y)

- Amount owed to providers: \$7,540
- **Plan pays** \$2,040
- Patient pays \$5,500

#### Sample care costs:

Total	\$7,540
Vaccines, other preventive	\$40
Radiology	\$200
Prescriptions	\$200
Laboratory tests	\$500
Anesthesia	\$900
Hospital charges (baby)	\$900
Routine obstetric care	\$2,100
Hospital charges (mother)	\$2,700

#### Patient pays:

Deductibles	\$4,500
Copays	\$0
Coinsurance	\$800
Limits or exclusions	\$200
Total	\$5,500

#### Managing type 2 diabetes (routine maintenance of

a well-controlled condition)

- Amount owed to providers: \$5,400
- **Plan pays** \$620
- **Patient pays** \$4,780

#### Sample care costs:

Total	\$5,400
Vaccines, other preventive	\$100
Laboratory tests	\$100
Education	\$300
Office Visits and Procedures	\$700
Medical Equipment and Supplies	\$1,300
Prescriptions	\$2,900

### 0 Patient pays:

Deductibles	\$4,500
Copays	\$0
Coinsurance	\$200
Limits or exclusions	\$80
Total	\$4,780

## **Questions and answers about Coverage Examples:**

# What are some of the assumptions behind the Coverage Examples?

- Costs don't include **<u>premiums</u>**.
- Sample care costs are based on national averages supplied by the U.S. Department of Health and Human Services, and aren't specific to a particular geographic area or health plan.
- The patient's condition was not an excluded or preexisting condition.
- All services and treatments started and ended in the same coverage period.
- There are no other medical expenses for any member covered under this plan.
- Out-of-pocket expenses are based only on treating the condition in the example.
- The patient received all care from in-network **providers**. If the patient had received care from out-of-network **providers**, costs would have been higher.

# What does a Coverage Example show?

For each treatment situation, the Coverage Example helps you see how <u>deductibles</u>, <u>copayments</u>, and <u>coinsurance</u> can add up. It also helps you see what expenses might be left up to you to pay because the service or treatment isn't covered or payment is limited.

# Does the Coverage Example predict my own care needs?

No. Treatments shown are just examples. The care you would receive for this condition could be different based on your doctor's advice, your age, how serious your condition is, and many other factors.

# Does the Coverage Example predict my future expenses?

✗ No. Coverage Examples are not cost estimators. You can't use the examples to estimate costs for an actual condition. They are for comparative purposes only. Your own costs will be different depending on the care you receive, the prices your providers charge, and the reimbursement your health plan allows.

# Can I use Coverage Examples to compare plans?

✓ Yes. When you look at the Summary of Benefits and Coverage for other plans, you'll find the same Coverage Examples. When you compare plans, check the "Patient Pays" box in each example. The smaller that number, the more coverage the plan provides.

# Are there other costs I should consider when comparing plans?

✓ Yes. An important cost is the premium you pay. Generally, the lower your premium, the more you'll pay in out-of-pocket costs, such as copayments, deductibles, and coinsurance. You should also consider contributions to accounts such as health savings accounts (HSAs), flexible spending arrangements (FSAs) or health reimbursement accounts (HRAs) that help you pay out-of-pocket expenses.

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