



## Attachment 1 HMO Illinois / BlueAdvantage HMO 2008 Controlling High Blood Pressure QI Fund Project Overview

### HIPAA Privacy Regulation

According to the HIPAA Privacy Regulations (45 CFR 160, 164) as amended August 14, 2002, health care providers can disclose protected health information (“PHI”) to health plans for HEDIS data collection and other quality improvement activities. Providers are permitted under the HIPAA Privacy Regulations to disclose PHI to health plans for the above purposes without authorization from the patient when both the provider and health plan have or had a relationship with the patient and the information relates to that relationship. (45 CFR 164.506)(c)(4).

### Identification of Members

Members in the IPA were identified for this project if they met all of the following criteria:

- age 18 to 85 as of May 2007
- enrolled with your IPA in July 2007 and May 2008
- had at least one outpatient encounter with a diagnosis of hypertension in the first six months of 2007 (based on BCBSIL claims or encounter data)
- not in the 2008 Diabetes QI Fund Project
- not in the 2008 Management of Members with a Cardiovascular Condition QI Fund Project

From this population, a random sample was selected. Enclosed is a CD/diskette identifying IPA members who were randomly selected for this project.

### Guidelines for Obtaining Data

**Step 1:** For each identified member, review your IPA record (claims, medical records, registry data, etc.) for ALL identified members to determine the level of blood pressure control.

**Step 2:** Follow the instructions in Attachment 2 to complete and submit the data request form.

Note the following:

- The last name for dependents with a hyphenated last name or a last name that is different than the subscriber's last name is shortened to include only the first five characters of the dependent's last name. Therefore, to assist you, we have included the subscriber's first and last name on all Data Request Forms.
- The most current BCBSIL ID has been provided. Please call if you are unable to identify the member.
- There are several options available to identify a member:
  - Name and DOB
  - BCBSIL ID and DOB
  - Name and BCBSIL ID
- Check administrative data to see if the member received care from practitioners other than the PCP who may have recorded a blood pressure.

## Medical Record Abstraction Procedure

- Medical record documentation may include services provided within your IPA or by other providers.
- Submit documentation for each member behind the appropriate Data Request Form. Do not staple documentation to the Data Request Form.
- In order to qualify as service OR an exclusion, SUPPORTING DOCUMENTATION must be included with your submission.

## Scoring

1. If the HMO confirms from your 2008 Controlling High Blood Pressure QI Fund Project submission that a member meets the criteria for exclusion, the member will be removed from the denominator. Please note that members who have not seen a physician in your IPA and members who have no medical record available for review, the member will remain in the denominator.

Qualifying Exclusions include:

- members who were pregnant after 7/1/07
- members who have a diagnosis of end-stage renal disease on or before 6/30/08
- members who were deceased on or before 6/30/08
- members not enrolled with the IPA in 7/07
- members not enrolled with the IPA in 05/08

Members who do not have hypertension will not be excluded, but this should not adversely affect IPAs, as blood pressure is expected to be < 140/90 mmHg for those who do not have a diagnosis of hypertension.

2. For 2008, the IPA rate will be calculated as follows:

**Project Numerator** = number of members in the IPA sample for whom the blood pressure between **7/1/2007 and 6/30/2008** was controlled. (To be considered controlled, the systolic blood pressure must be <140 mmHg **and** the diastolic blood pressure must be < 90 mmHg.)

**Project Denominator** = Number of members in the IPA sample minus the number of exclusions confirmed by the HMO.

## Reporting of Results

- IPAs will receive their results, as well as aggregate results.
- It is anticipated that the 2008 Controlling High Blood Pressure QI Fund Project results will be included in the Blue Star<sup>SM</sup> Report.

## Important Reminders

- You must submit copies of the **supporting documentation** substantiating the blood pressure reading.
- All IPA documentation must be on the original scannable Data Request Forms.
  - Photocopies or fax copies of data request forms will NOT be accepted.
- IPA identifiers and the number of Data Request Forms sent to you are on the Attestation Form. Please record the following information on the Attestation Form:
  - Name and phone number of IPA contact for the Controlling High Blood Pressure QI Fund Project
  - Signature of IPA Medical Director or Administrator attesting that the submission is complete and accurate.
- We encourage you to keep a copy of your submission.

If you have any questions about the 2008 Controlling High Blood Pressure QI Fund Project or need a replacement data request form, please call Berni Reich, Quality Management Specialist at (312) 653-8672.

**The deadline for submission of this project is August 29, 2008.**

Mail submissions to BCBSIL by the deadline using the enclosed postage-paid envelope or an envelope addressed to:

**Blue Cross and Blue Shield of Illinois  
300 E. Randolph, 24<sup>th</sup> Floor  
Chicago, IL 60601  
Attn: Berni Reich**

**ATTACHMENT 2**  
**2008 Controlling High Blood Pressure QI Fund Project**  
**Instructions for Completion of Data Request Forms**

Complete and return each Data Request Form in accordance with the following instructions.

Review your IPA records (claims, medical records, registry data, etc.) for ALL identified members. Attach supporting documentation that confirms the blood pressure reading.

**Section 1:** Complete A or B if the member had a blood pressure reading documented between 10/1/07 and 9/30/08.

**A: (data from administrative source)**

- If the member has one of the following CPT II codes for systolic blood pressure and one of the following CPT II codes for diastolic blood pressure on the same date, enter the date and check the corresponding codes. If the member has one of the following HCPCS G-codes, enter the date and check the appropriate code.

<b>CPT Category II</b>			
3074F	Most recent systolic B/P < 130 mmHg	3078F	Most recent diastolic B/P < 80 mmHg
3075F	Most recent systolic B/P 130-139 mmHg	3079F	Most recent diastolic B/P 80-89 mmHg

<b>HCPCS</b>	
G8024	Diabetic patient with most recent B/P < 140 systolic and < 80 diastolic
G8476	Most recent B/P < 130 systolic and < 80 diastolic

**B: (documentation from medical record)**

- If your documentation of a blood pressure reading is from the medical record, record the date (month, day, and year) of a blood pressure reading measured between 10/1/07 and 6/30/08 and attach supporting documentation.
- If more than one blood pressure reading is documented on the same date, record the lowest systolic and the lowest diastolic reading as the representative blood pressure for that date.
- Do not use blood pressure readings from the same date as a major diagnostic or surgical procedure, or emergency room visit.

**Section 2: (Optional) Document whether an exclusion may apply by completing Section 2.**

- 1: Did the member have a diagnosis of end-stage renal disease (ESRD) on or before 6/30/08?  
*If "Yes," attach supporting documentation.*
- 2: Was the member pregnant any time after 7/1/07?  
*If "Yes," attach supporting documentation*
- 3: Was the member deceased on or before 6/30/08?
- 4: Was the member enrolled with your IPA in 7/07?
- 5: Was the member enrolled with your IPA in 5/08?

# Making Administrative Data Work for the 2008 Controlling High Blood Pressure QI Fund Project

Though the use of administrative codes to identify clinical information is not widespread at this time, more and more information can be coded into claims and can be utilized to provide documentation for the BCBSIL HMO QI Fund Projects. For the 2008 Controlling High Blood Pressure QI Fund Project, each blood pressure of the project could be documented using administrative codes.

## Blood Pressure

<b>CPT Category II code descriptions</b>	
3074F	Most recent systolic blood pressure < <b>130</b> mmHg
3075F	Most recent systolic blood pressure <b>130-139</b> mmHg
3078F	Most recent diastolic blood pressure < <b>80</b> mmHg
3079F	Most recent systolic blood pressure <b>80-89</b> mmHg
<b>HCPCS code descriptions</b>	
G8024	Diabetic patient with most recent blood pressure (within the last 6 months) documented as less than <b>140</b> systolic and less than <b>80</b> diastolic
G8476	Most recent blood pressure has a systolic measurement of < <b>130</b> mmHg and a diastolic measurement of < <b>80</b> mmHg